

# Sacramento County

## Department of Health Services, Behavioral Health Services

### Mental Health Services Act (MHSA) Steering Committee

#### Our Mission

*To provide a culturally competent system of care that promotes holistic recovery, optimum health, and resiliency.*

#### Our Vision

*We envision a community where persons from diverse backgrounds across the life continuum have the opportunity to experience optimum wellness.*

#### Our Values

*Respect, Compassion, Integrity • Client and/or Family Driven • Equal Access for Diverse Populations • Culturally Competent, Adaptive, Responsive and Meaningful • Prevention and Early Intervention • Full Community Integration and Collaboration • Coordinated Near Home and in Natural Settings • Strength-Based Integrated and Evidence-Based Practices • Innovative and Outcome-Driven Practices and Systems • Wellness, Recovery, and Resilience Focus*

May 15, 2025, Meeting Minutes		
Time: 6:00-8:00 PM		Location: Virtually (Zoom) and phone conference
Meeting Attendees - General Public and MHSA Steering Committee members:		
Stakeholder Group	Primary	Alternate
Mental Health Board	x Patricia Wentzel	Brad Lueth/Keisha Harris
Mental Health Director	Ryan Quist	x Jane Ann Zakhary
Service Provider - Children	x Laurie Clothier (River Oak)	Mary Sheppard (Uplift Family Svcs)
Service Provider - Adults	Marlyn Sepulveda (Hope Cooperative)	x Alexis Bernard (Turning Point)
Service Provider - Older Adults	Genelle Cazares	Cindy Xiong
Law Enforcement	Corey Jackson	Laura Mueller
Senior and Adult Services	x Melissa Jacobs	Mary Parker
Education	x Christopher Williams	Brent Malicote
Department of Human Assistance	Julie Field	Carmen Briscoe
Substance Use Prevention and Treatment	x Lori Miller	x Kimberly Grimes/Pamela Hawkins
Cultural Competence	x Lakshmi Malrouu	Jessie Armenta
Child Welfare	x Melissa Lloyd	Kim Pearson
Primary Health	Andrew Mendonsa	Noel Vargas
Public Health	Olivia Kasirye	Staci Syas
Juvenile Court	Andi Mudryk	Sarah Davis
Probation	x Lynsey Semon	David Linden
Veterans	Rochelle Arnold	Michael Restivo
Consumer - TAY	<b>Vacant</b>	<b>Vacant</b>
Consumer - TAY	<b>Vacant</b>	<b>Vacant</b>
Consumer - Adult	Christeana Zamora	<b>Vacant</b>
Consumer - Adult	x Clarissa Laguardia	Chezia Tarleton
Consumer - Older Adult	x Janet Green	<b>Vacant</b>
Consumer - Older Adult	x Sharon Jennings	<b>Vacant</b>
Family Member/Caregiver of Child age 0-17 Yrs	x Chris Marzan	<b>Vacant</b>
Family Member/Caregiver of Child age 0-17 Yrs	<b>Vacant</b>	<b>Vacant</b>
Family Member/Caregiver of Adult age 18-59 Yrs	Susan McCrea- <b>LOA</b>	Ellen King
Family Member/Caregiver of Adult age 18-59 Yrs	Ryan McClinton	Diana Burdick
Family Member/Caregiver of Older Adult age 60+ Yrs	<b>Vacant</b>	<b>Vacant</b>
Family Member/Caregiver of Older Adult age 60+ Yrs	x Anatoliy Gridyushko	<b>Vacant</b>
Family Member/Consumer At-large	<b>Vacant</b>	Evin Johnson

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Agenda Item	Discussion
<b>I. Welcome and Member Introductions</b>	The meeting was called to order at 6:00p.m. MHSA Steering Committee (SC) co-chairs and members introduced themselves.
<b>II. Agenda Review</b>	The agenda was reviewed. No changes were made.
<b>III. Review of Prior Meeting Minutes</b>	The <b>April 2025</b> draft meeting minutes were reviewed. No changes were made.
<b>IV. Announcements</b>	<p><b>Melissa Lloyd</b>, SC Member:  May is National Foster Care Month, a time to recognize and honor the contributions foster parents, family members, caregivers, volunteers, mentors, policy makers, and child welfare professionals who support children and youth in foster care. The 2025 theme is “Engaging Youth, Building Supports, Strengthening Opportunities.” The theme highlights the importance of engaging young people who are in foster care and supporting them as they transition into adulthood.</p> <p><b>Melissa Jacobs</b>, SC Member:  May is Older Americans Month. This year’s theme is “Flip the Script on Aging” and is a time to recognize older Americans' contributions, highlight aging trends, and reaffirm our commitment to serving older adults. Flip the Script on Aging focuses on transforming how society perceives, talks about, and approaches aging, as well as the impact of agism. It encourages individuals and communities to challenge stereotypes, dispel misconceptions, and think differently in how we talk about aging.</p> <p><b>Chris Marzan</b>, SC Member:  There is a Youth Wellness Recovery Action Plan (WRAP) workshop coming up in June. Youth WRAP is a free 3 week self-designed workshop focused on wellness, recovery, and personal growth. It is designed for young people (ages 18-26) who want to take charge of their mental health, manage challenges, and create a self-directed plan for well-being. To find out more or register. See <a href="#">Attachment A – Youth WRAP Workshop Spring 2025</a>.</p> <p><b><u>Announcements from the Public</u></b>  None.</p>
<b>V. Executive Committee / MHSA Updates</b>	<p><b>Executive Committee Updates:</b>  None.</p> <p><b>MHSA Updates:</b>  <b>Andrea Crook</b>, MHSA Program Manager:</p>

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	<ul style="list-style-type: none"> <li>• <u>May Observances</u> <ul style="list-style-type: none"> <li>○ National Mental Health Awareness Month</li> <li>○ A new California bill, Assembly Concurrent Resolution (ACR) 23, was introduced that would recognize the third week in May as Mental Health Peer Appreciation Week. This appreciation week would highlight the important insights that individuals with lived experience and recovery bring forward throughout the state. It also recognizes our Medi-Cal Peer Support Specialists workforce and the importance of peer voices in developing a robust continuum of care in California. If you would like to learn more visit <a href="#">California Legislative Information</a>.</li> </ul> </li> </ul>
<b>VI. BHSA Community Planning Process Overview</b>	<p><b>Overview of the BHSA Community Planning Process</b></p> <p><b>Andrea Crook</b>, MHSA Program Manager and Jane Ann Zakhary, BHS Division Manager presented an overview of the BHSA Community Planning Process See <a href="#">Attachment B – BHSA Community Planning Process Overview PPT</a> and <a href="#">Attachment C - Behavioral Health Services Act County Policy Manual</a>.</p> <p><b><u>Member Questions, Discussion, and Collective Comment:</u></b></p> <p>How many sectors are currently represented on the MHSA Steering Committee (SC)?</p> <p><i>The MHSA SC includes representation from system partners (one representative per partner agency), as well as consumer, family member, caregiver, and provider seats. The current SC consists of 30 members, with two consumer/family member seats per age group. Historically, we have aimed for at least 50% consumer/family representation in MHSA planning.</i></p> <p><i>Under BHSA, we are working with 24 defined stakeholder groups. For example, one group includes representatives from the five most populous cities, meaning at least five members from that group alone. Overall, BHSA requires between 125–170 individual stakeholders to fulfill the required representation. Fortunately, many of these stakeholder groups are already convening regularly, allowing us to engage them directly rather than organizing a single, large-scale meeting.</i></p> <p>Will June 26, 2025, be the final MHSA SC meeting?</p> <p><i>Yes, that is correct. The MHSA SC will sunset on June 26, 2025. This will conclude our MHSA Community Planning Program (CPP) process.</i></p> <p>When do you anticipate convening the next community planning group? Or is that still to be determined?</p> <p><i>We anticipate getting started in July, with details to be shared soon. At this time, we are not planning for an ongoing committee structure, as our immediate focus is on building the first integrated plan and navigating a broader input process.</i></p>

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	<p><b><u>Public Comment</u></b></p> <p><b>Dr. Wolf</b></p> <p>It appears that funding for MHSA Full-Service Partnerships is being significantly reduced. How is this being addressed?</p> <p><i>As we outlined earlier in the meeting, the BHSA does not provide new funding; rather it reallocates the existing millionaire tax at the county level into new BHSA funding categories. We will be seeking stakeholder input and exploring opportunities to align existing programs with the new BHSA framework as part of our community planning process.</i></p>
<b>VII. General Steering Committee Comment</b>	None
<b>VIII. General Public Comment</b>	None
<b>IX. Adjournment</b>	