Meeting Minutes 05.07.24 Behavioral Health Youth Advisory Board

Name	Attendance	In Person or Hybrid
Jordan Kaitapu	х	In Person
Kai Bzoskie		
Natanya Kharat	Х	Hybrid
Stormee Burgan	Х	In Person
Radha Chauhan	Х	Hybrid
Zaunamaat Nuru-Bates		

5:05 pm Welcome and introductions

 Board members announce their presence. Quorum was not set as 2 members were present. Announcements were made that our training presenters from UC Davis had to reschedule to another date shortly prior to the start of the meeting. BM Jordan joined at 5:13 pm and BM Radha joined at 5:15 pm at which quorum was set.

5:10 pm Public Comment

• Sheri Green - Sac County BHS : We want to rename our front door, Alex Sopp has some proposed names for input. We want to rename the program and receive input from youth for possible name changes.

5:12 pm Eva De La Cruz - (Presentation not on agenda)

- Eva De La Cruz supplied updates regarding several programs and resources ongoing in the Sacramento County
 - Queenish project, age 13-17 all genders, importance of self wealth and how to contribute to community. Started in February until July, Thursdays 4-6pm at La Familia.
 - Be Brave, Be You- SCUSD LGBTQ Youth Leadership Conference happening soon, do not need to be SCUSD.

- MHSA is currently recruiting youth for the MHSA steering committee. Youth as a consumer or containing lived experience recommended but not necessary. Must be willing to attend monthly meetings, 3rd Thursday 6-8pm virtually.
- Sac County + California Institute for Behavioral Health Solutions will be hosting the <u>Sacramento County Behavioral Health Racial</u> <u>Equity Collaborative Community Forum</u>. The Behavioral Health Racial Equity Collaborative is conducting Community Forums with the Latino/Latinx/Hispanic communities to better understand their challenges with access to behavioral health services, quality of behavioral health services, and gaps in behavioral health programs and services - Wednesday, July 12th, 2023 10:00 am
 - 11:00 am via zoom.
 - David Salinas partnered with Eva in recruitment Stated that CIBHS + Sac County BHS is trying to improve access and quality to BHS to Latinx community

5:23 pm Approval of Agenda

• Action Item: Board members voted to approve the agenda for 5.7.24. Board members voted to approve the meeting minutes for 4.23.24.

Yes	Νο	Abstain
4	0	0

5:26 pm Training - Dr. Aguilar, UC Davis

• UC Davis presenters were to provide training on research methods and overcoming obstacles - **TRAINING HAS BEEN RESCHEDULED/TBD**

5:27 pm Action Items

- Action Item:Vote to create Social Media Officer Role.
- Overview of original social media expectations
 - Post ideas brainstormed at meetings
 - All BM are to submit images and captions for the content they want to post
 - All post need to be planned 30 days in advance before being sent to the county for approval
 - PRO Staff will turn in all submitted post

- Overview of **new** social media expectations
 - Social Media Officer Role is created, which will gather the social media post material from board members
 - Compile the 12-15 post 1 month in advance
 - All members must send in content ideas within first 2 weeks of month
 - Compile list sent to PRO staff to then be sent to county for approval
- Overview of **alternative** social media method
 - Form Social Media Ad Hoc
 - Members responsible for drafting and compiling content
 - Ad hoc members will send to PRO staff for County approval
 - Cannot be majority of BHYAB
- Discussion stemmed over the different methods of going about Social Media Role
 - Storm Original method is best, however if we create a social media officer we should wait until the next meeting to decide and vote who the officer will be.
 - Radha Likes officer role, because with open ended expectations leaves room for miscues. Fine with voting now.
 - **Natanya** In agreement with officer role
 - **Jordan** Likes the officer role, however if no one takes over the role then the community way would be the best.
- A vote to approve the Social Media Officer Role passed unanimously.

Yes	Νο	Abstain
4	0	0

6:30 pm Meeting Adjourned