

Meeting Minutes 06.4.24
Behavioral Health Youth Advisory Board

Name	Attendance	In Person or Hybrid
Jordan Kaitapu		
Kai Bzoskie		
Natanya Kharat	X	Hybrid
Stormee Burgan	X	In Person
Radha Chauhan	X	In Person
Zaunamaat Nuru-Bates		
Cloud 'Epiffany' Petersen	X	In Person

5:04 pm - Welcome and Introductions

- Board members announce their presence and roll call was conducted. Quorum was set as 4 of the 7 members were present.

5:06 pm - Approval of Agenda

- Action Item: Board members voted to approve the amended agenda for 6.4.24. Board members voted to approve the meeting minutes for 5.21.24. Both votes were unanimous.

Yes	No	Abstain
4	0	0

5:07 pm - Public Comment

- No public comment was made at this time.

5:08 pm - Guest Presentation

- Lori Miller started off by admiring the board for their input and ideas around the 'no-fear' tactics and their insight on substance misuse and prevention thus far.
- Looking for future collaboration by receiving feedback, and/or conducting listening sessions or focus group presentations in the near future. Lori stated they want to continue the discussion moving forward down the road.
- A presentation was made by Lori Miller from Sacramento County Behavioral Health Services on the Youth Social Media Project, part of Safer Sacramento initiative - which is endorsed by the Board of Supervisors.
 - Potential video content included
 - Trivia
 - Influencers
 - Interviews
 - Inspirational videos
 - Professional's opinions
 - Animated videos
 - Grit and Perseverance
 - Primary theme of the project
 - "Empowering Sacramento County's youth to thrive - through education, awareness, and the exchange of ideas regarding substance use, mental health and overall well-being"
 - Pillars areas of focus within the project
 - Substance use
 - Mental health
 - Navigating well being
 - Resources for adults
 - Key Performance Indicators (KPI)
 - Impressions / reach
 - Engagement
 - Clicks to the website
 - Website traffic

5:31 pm - 5 Minute Break

5:40 pm - Action Item

- The substance misuse ad hoc was formed within the April 9th, 2024 BHYAB meeting for the purpose of devoting individuals outside of general meetings to research substance misuse data around prevention and reducing stigma.
- Action Item: Assign members to the Substance Misuse Ad Hoc.
- Board members Natanya, Stormee, and Cloud volunteered to assign themselves to the substance misuse ad hoc.

5:46pm - Action Item

- Board members were briefed on the Vice Chair officer duties and responsibilities per the board’s bylaws.
- Nominations were held for the Vice Chair officer role.
 - Stormee self nominated themselves and gave a brief speech. Takeaway includes that Stormee currently serves as the Vice Chair for the Sacramento Youth Commission.
 - Action Item: Vote to appoint Stormee as the Vice Chair officer.

Yes	No	Abstain
3	0	0

6:08 pm Board Next Steps

- Board members discussed how they can outreach and interview local leaders and organizations around substance misuse information, more focused on prevention and reducing stigma. Board members were asked who they have in their adult network that would be interested in advocating for substance misuse prevention that can join us. Responses collected included reaching out to their respective

6:24 pm Meeting Adjourned