

Meeting Minutes 06.18.24
Behavioral Health Youth Advisory Board

Name	Attendance	In Person or Hybrid
Jordan Kaitapu		
Kai Bzoskie		
Natanya Kharat		
Stormee Burgan		
Radha Chauhan	X	In Person
Zaunamaat Nuru-Bates		
Cloud 'Epiffany' Petersen	X	In Person

5:08 pm - Welcome and Introductions

- Board members announce their presence and roll call was conducted. Quorum is not set as 2 of the 7 members were present.

5:06 pm - Approval of Agenda

- Action Item: Board members were unable to vote to approve the agenda for 6.18.24 and unable to approve the meeting minutes for 6.4.24 as quorum was not made.

5:10 pm - Public Comment

- No public comment was made at this time.

5:11 pm - Board Updates

- Board members were updated and reminded of their upcoming priorities moving forward. These priorities have been brought up and discussed over previous meetings.
 - Board will concentrate on juvenile justice

- Brainstorm how to address and overcome stigma
- Brainstorm how to increase access to more diverse groups

5:11 pm - Action Item

- Board members planned out their adult ally proposals.
 - Purpose is to interview organizations, individuals or entities regarding substance misuse.
 - Would utilize their findings for BHYAB future purpose and advisement
- BM Radha will plan to reach out to Toby Ewing of MHSOAC by end of the week.
- BM Cloud will plan to outreach to LEAD team members Kelley and Jordan of PRO Youth and Families
- Other ideas gathered were to reach out to the Sacramento County Mental Health Board, the Sacramento County Alcohol and Drug Advisory Board, Wind Youth Services, and potentially the Department of Human Services.

5:31 pm - 5 Minute Break

5:36 pm - Icebreaker Question

- If you could choose any super power, what would you choose?
 - Board members discussed their ideal superpowers as an icebreaker activity to better get to know each other.

5:43 pm - Training

- Board members underwent training to better understand their roles and responsibilities as a board member highlighting communication and how to log activities efficiently.
- For communication, Mentimeter was utilized to capture responses. Responses include:
 - Email in a timely and professional manner amongst other board members.
 - It is important to have clear expectations and be precise with the purpose of your correspondence.

- Emphasize that we can all help each other and be direct if there are any problems which arise.
- For Logging Hours, Mentimeter was utilized to capture responses. Responses include:
 - Create an excel sheet so board members can upload their own hours, creating ease of access.
 - Make sure the vice chair is also aware of the hour log via email.
- As a recap, PRO facilitator Dexter shared a few good practices including:
 - As a good practice, board members should be replying to all emails indicating they received it
 - As a good practice, board members should get into a habit of checking their emails at least once a day
 - For hours logs, practice sending in your hours activities soon after completing the activity.
 - Practice open forms of communication, we can only know each other's capacity if communication is openly established!

6:21 pm Board Activity

- The Substance Misuse Ad Hoc will be meeting Thursdays from 4:30-5:30pm in the upcoming weeks which is still TBD.
- The board bid a farewell to board member Zaunamaat as this was their last meeting prior to aging out of the board.
 - Chair Radha stated their appreciation to Zauna for their long term commitment and dedication to the board.

6:31 pm Meeting Adjourned