### Meeting Minutes 07.16.24 Behavioral Health Youth Advisory Board

Name	Attendance	In Person or Hybrid
Jordan Kaitapu		
Kai Bzoskie		
Natanya Kharat		
Stormee Burgan	Х	In Person
Radha Chauhan		
Cloud 'Epiffany' Petersen	Х	In Person

### 5:03 pm - Welcome and Introductions

- Board members announce their presence and roll call was conducted. Quorum is not set as 2 of the 6 members were present.
- Ice Breaker: What kind of food or snacks do you want to see at our meetings? Answers included hot chips, candy and no dietary restrictions.

#### 5:06 pm - Approval of Agenda

• Action Item: Board members were unable to vote to approve the agenda for 6.18.24 & 7.16.24 and unable to approve the meeting minutes for 6.4.24 & 6.18.24 as quorum was not made.

#### 5:04 pm - Public Comment

• No public comment was made at this time.

#### 5:05 pm - Guest Presentation

• Jill Lopez-Rabin from UC Davis presented on their project of Advancing Health Equity: Interdisciplinary Collaboration and Cultural Transformation Model and National CLAS Standards

- Presentation included an overview of the ICCTM Innovation Project.
- ICCTM Community Based Quality Improvement Action Plans project goals consist of:
  - Communities of Focus
    - Community engagement and partnerships
    - + Awareness of Mental Health services
    - - Stigma
  - Quadruple Aim
    - Consumer Experience
    - + Consumer Outcomes
    - + Provider Satisfaction
    - - Per-Capita Cost
  - Mental Health Services
    - + Access & Utilization
    - + Delivery of CLAS- informed care
- 14 QI Action Plans 4 Domains
  - CBO Defined
    - Fighting Back Partnership Supporting the Filipino American Community
    - Rio Vista CARE Supporting the Latinx Community
    - Solano Pride Center Supporting the LGBTQ+ Community
    - These 3 organizations also formed an additional Joint QI Action Plan - QTPOC (Queer Trans People of Color)
  - Community Focused
    - Mental Health Education
    - Bridging the Gap
    - Takin' CLAS to the Schools
    - TRUEcare Roadmap
    - LGBTQ+ Ethnic Visibility
  - Workforce Focused
    - Cultural Game Changers
    - CLAS Gap Finder
  - Training Focused
    - Cultural Humility Champions
    - ISeeU

- Culturally Responsive Supervision
- Unanticipated Impacts on ICCTM Project Include
  - Racial unrest in 2020
  - Attempted Rollback of "Don't Ask Don't Tell" and Same Sex Marriage
  - COVID-19 2020
- Outcomes Included
  - 106% increase in Asian-American callers to Access Line and an 86.5% increase in calls to request services.
  - 33.8% increase in Access Line callers.
  - 525% increase of callers who identified as a gender other than 'male' or 'female' and a 765% increase of callers who identified their sexual orientation as something other than "heterosexual"
- How can the Community get involved?
  - Participate in MHSA Community Program Planning Process
  - Join County Committees
  - Participate in trainings offered
  - Volunteer at community events raising mental health awareness
- CLAS Standards Training for the BHYAB
  - Objectives
    - Recognize the connection between the CLAS Standards and health equity
    - Explore each CLAS Standards
    - Examine opportunities to apply the CLAS Standards to the work the board does
  - Board members were briefed on health literacy statistics within Sacramento County and compared to California averages.
  - Board members workshopped how their board exemplifies and reflects CLAS Standards while compared to a governing body.

# 6:48 pm - Action Item

- Board members discussed their social media content for the month.
- At this time, we have 8 posts created out of the 12 minimum.

# 6:52 pm Meeting Adjourned