

Meeting Minutes 09.03.24
Behavioral Health Youth Advisory Board

Name	Attendance	In Person or Hybrid	Excused?	District
Stormee Burgan	X	In person		District 1
Karisa Cinco	X	In person		District 2
Lauren Herbelin				District 3
Radha Chauhan	X	Hybrid		District 3
Cloud 'Epiffany' Petersen	X	In person		District 4
Natanya Kharat	X	Hybrid		District 4
Jordan Kaitapu				District 5

5:03 pm - Welcome and Introductions

- Board members announce their presence and roll call was conducted. Quorum is set as 4 of the 7 members were present. BM Karisa joined in person at 5:15 pm.

5:05 pm - Approval of Agenda

- Action Item: Board members were able to vote to approve the agenda for 9.3.24 and were able to approve the meeting minutes for 8.20.24 as quorum was made.

Yes	No	Abstain
4	0	0

5:05 pm - Public Comment

- No public comments were made at this time.

5:13 pm - Guest Presentation

- Vance Garcia (Outreach specialist) from Youth Help Network Board Q&A
- About Youth Help Network
 - Funded by Sacramento County
 - Outreach support for youth in Sac County aged 16-25 for free short-term services
 - Provides in-person and hybrid services
 - Can contact youth advocates; provide transportation for all kinds of services (e.g. Dr.'s appt)
 - Supporting staff members: Managers, Supervision, Clinicians
 - Hotspot drop-in hours every Wed & Thurs in person
 - Present at co-locations like Allcove, WYS, etc.
- Services for: Mental health (including family/social environment), homelessness, getting a job, negative influences, life problems, and many more (including peer support specialist program)

5:34 - Board Activities: Board Bylaw Review (Radha)

- Accountability, structure, and updating outdated bylaws from 2022
- Board discussed not having a limit of 5 associate board members. More help is always appreciated and can provide greater outreach opportunities.
- 10 associate members was suggested as the cap.
- Suggestion that no more than 2 hours every 2 weeks of outside activities should be dedicated by board members.
- Radha can help Storm with outreach in recruiting associate members
 - New suggestion - outreach can be done by any member of the board, should not be limited

- Newsletter can become a collaborative effort within all board members
 - Natanya can send an email to request input on monthly letter.
- Having a section where board members can take on others' duties in case that they need support or are unable to fulfill duties - not necessarily needing a motion
 - Can let YAB staff know if unable to fulfill duties & need help
- Modifications to section about board members who involuntarily loses officer status & holding new seat - suggested "probation period" to allow for growth
 - "Growth Plan" suggestion - if board falls at 5 or less members, board member may reapply after establishing a "growth plan"
- Add to bylaws that social media posts

6:39 pm Program Updates - UC Davis Science Cafe & Social Media Future Orientation

- UCD Science Café coming up - collab with T4W campaign
 - Focus/listening session - to share survey results (from Breaking Barriers) out into community
- Social Media orientation
 - Not just graphics but incorporating our board's identity into social media posts
 - Incorporate one post that's about you/more personalized and one that's a graphic

6:53 pm Meeting Adjourned