

**Meeting Minutes 10.15.24**  
**Behavioral Health Youth Advisory Board**

<b>Name</b>	<b>Attendance</b>	<b>In Person or Hybrid</b>	<b>Excused?</b>	<b>District</b>
Stormee Burgan	<b>X</b>	In person		District 1
Kiara Yates				District 2
Karisa Cinco	<b>X</b>	In person		District 2
Lauren Herbelin				District 3
Radha Chauhan	<b>X</b>	Hybrid		District 3
Cloud 'Epiffany' Petersen	<b>X</b>	In person		District 4
Natanya Kharat	<b>X</b>	In person		District 4

**5:08 pm - Welcome and Introductions**

- Board members announce their presence and roll call was conducted. Quorum is set as 5 of the 7 members were present. BM Karisa joined the meeting in person at 5:13pm.

**5:08 pm - Approval of Agenda**

- Action Item: Board members were able to vote to approve the agenda for 10.15.24 and were able to approve the meeting minutes for 10.1.24 as quorum was made.

<b>Yes</b>	<b>No</b>	<b>Abstain</b>
4	0	0

### **5:09 pm - Public Comment**

- No public comments were made at this time.

### **5:10 pm - Guest Presentation: CIRCLE**

#### **CIRCLE presented on the correlation between climate change and mental health**

- Kyle McKinley and Dr. Safer introduced the topic of climate change and how it could ultimately affect mental health.
- Presented the facts of how climate change affects several domains such as ecosystem deterioration, undernutrition, physical and respiratory diseases, and more; however, there has been no direct correlation between climate change and mental health that has been proven.
- Facilitated the board in helping them understand the different facets of how particulate matters can affect a person through inhalation such as ash, waste or other particles.
- Purpose of this presentation is to inform the board to become emotionally resilient, and potentially take action in educating their peers more.
- Both entities talked about what collaboration could be made between the BHYAB and CIRCLE. Both entities shared what avenues they may be able to provide assistance for. They explained together that forming some kind of intervention may be the best avenue.

### **6:10 pm - 10 min Break**

### **6:21 pm - Program Updates**

#### **Social Media Check In**

- Need to send in content by 10/25.

### **UCD Science Café**

- Cloud and Natanya will be BHYAB representatives and are contributing to multiple pre-planning

### **Breaking Barriers Planning**

- Storm & Radha Youth Leaders - Integration between Systems of Care
  - Presenting on Day 2 (11/18/24) and will be doing a 15 minute presentation on how the BHYAB is a living example of Systems of Care can integrate amongst each other.

**6:48 Member updates**

- Action item: Motion to vacate Natanya Kharat’s Secretary Officer role.

<b>Yes</b>	<b>No</b>	<b>Abstain</b>
3	0	0

**6:50 pm Meeting Adjourned**