

Meeting Minutes 11.5.24
Behavioral Health Youth Advisory Board

Name	Attendance	In Person or Hybrid	Excused?	District
Stormee Burgan	X	Hybrid		District 1
Kiara Yates	X	Hybrid		District 2
Karisa Cinco	X	Hybrid		District 2
Lauren Herbelin				District 3
Radha Chauhan	X	Hybrid		District 3
Cloud 'Epiffany' Petersen	X	Hybrid		District 4
Natanya Kharat	X	Hybrid		District 4
Clara Armstrong	X	Hybrid		District 5

5:03 pm - Welcome and Introductions

- Board members announce their presence and roll call was conducted. Quorum is set as 7 of the 8 members were present.

5:05 pm - Approval of Agenda

- Action Item: Board members were able to vote to approve the agenda for 11.5.24 and were able to approve the meeting minutes for 10.15.24 as quorum was made.

Yes	No	Abstain
7	0	0

5:09 pm - Public Comment

- No public comments were made at this time.

5:10 pm - Guest Presentation: Alexander Sopp - Sac County DHS- BH Alex presented on the General Budgeting and RFP Process

- Alexander Sopp presented on how the RFP/RFA process goes.
- Entities will fill out applications and have to also demonstrate and prove how they can implement the needs of the proposers.
- After applications are completed, they are sent to a third party entity to score the proposals anonymously and rank them.
- Timeline is crucial because taxpayers dollars are on the line. Even if only one application is received, the application will still be scored and determined if they are fit.
- Sac County usually has 3-4 years grant timeline
- Alex is part of the RFA/RFP Process, usually writes the scope of the programs.
 - Alex was asked how many contracts does he oversee:
 - Capitol Stars Full Service
 - River Oaks JJ
 - Capitol Stars YHN
 - Capitol Stars Peer support services - APPS, CAPS, YDF
 - BHYAB
 - JJIS - Juvenile Justice Sports
- Explained how suicide prevention being embedded in FIT programs include listening sessions, providing presentations, and ZIP code is a determinant of suicide risk.
- Propositions are the main source of funding sources.
- Radha asked how does the BHYAB funding source come from:
 - Explained how $\frac{1}{3}$ is SCOE, $\frac{1}{3}$ is Sacramento County DHS/BH, and $\frac{1}{3}$ Sutter Health
- Exhibit C: How are the funds used and dispersed

- Community can put a request in to see the scoring of the RFP/RFA process.
- Overview of MHS in Alex area of work:
 - FIT program - low to moderate MH services 10-21 y/o
 - Most have multiple sites spread equally throughout sac county
 - ~ 1600 youth served
 - TBS Therapeutic Behavioral Sports-
 - Adjunct with another program
 - Coaching and guiding Behavioral Health
 - Housing misplacements, foster youth
 - 400 youth served
 - Wraparound Services
 - 3 providers
 - Just under 300 served
 - Have to be referred by CPS or probation
 - STRP- Short Term Resting Placements
 - Behavior or other extenuating factors like misplacement
 - High severity
 - FFA - Foster Family Agency
 - MHSA Contracts
 - Anti bullying such as SAFEZONE SQUAD
 - Commercially Exploited Youth
- BM Karisa asked how long does the RFP + awarding process take?
 - Alex stated it can vary, for smaller bids, depending on the LOI and having the board sign off on it as that is usually the longest.
 - For larger bids, it can take longer because of errors, more opportunities for revisions or edits.
- Board coordinator declared to the board that the BHYAB will undergo a provider change come June 2025. A new provider will be elected on January 7th and until then, PRO Youth and Families is happy to assist in making the transition as smooth as possible.

5:50 pm - 10 min Break

6:00 pm - Program Updates

Burnout Training:

- Board members received training on how to detect burnout and the importance of avoiding burnout by board coordinator Dexter Niskala.

Future Projects

- Board members worked on their presentation and also their poster for the Breaking Barriers Symposium on November 17th.
- Board members will be presenting on the Youth Day and the BHYAB has been chosen to present on how youth serving systems can coexist - and how the BHYAB is a living example of that.

7:01 pm Meeting Adjourned