

Meeting Minutes 12.3.24
Behavioral Health Youth Advisory Board

Name	Attendance	In Person or Hybrid	Excused?	District
Stormee Burgan				District 1
Clara Armstrong	X	In Person		District 1
Kiara Yates	X	In Person		District 2
Karisa Cinco	X	In Person		District 2
Radha Chauhan	X	Hybrid		District 3
Cloud 'Epiffany' Petersen	X	In Person		District 4
Natanya Kharat	X	Hybrid		District 4

5:07 pm - Welcome and Introductions

- Board members announce their presence and roll call was conducted. Quorum was set as 6 of the 7 members were present.

5:12 pm - Approval of Agenda

- Action Item: Board members vote to approve the agenda for 11.19.24 and approve the meeting minutes for 11.5.24 and 11.19.24 as quorum was made. Board members amended today's agenda to add in a guest presentation by Staci Dao, Tammira to the front of the agenda. Aside from this change, the agenda for 12/3/2024 remained the same.

Yes	No	Abstain
6	0	0

5:15 pm - Public Comment

- No public comments were made at this time.

5:16 pm - Guest Presentation: Staci Dao -Tammira

Staci presented their new application for mobile devices.

- Staci Dao, founder of Tammira, recently introduced an innovative new app with powerful features designed to enhance meetings and events. The app boasts live streaming capabilities, interactive modules, and polling tools—perfect for engaging participants in real-time. Staci encouraged the board to explore the platform, suggesting it could be ideal for upcoming meetings or any other events we may have in the pipeline. She shopped the ideas of utilizing it to live stream a BHYAB meeting or session in the future.

5:33 pm - Board Activity

- The board divided into two groups (online and in person) to begin drafting a policy brief. They analyzed survey data and identified a significant gap: while 64% of respondents noted school counselors as a resource for substance misuse prevention (Question 15), only 15% reported feeling comfortable talking to counselors about mental health/wellness (Question 20).
- Board members noted the higher responses of P2P methods such as friends and siblings (45%). Even family members came in at 33%, twice as high as the school counselor.
- Board member Radha noted that there is a “Lack of education on substance use in school”, and that “schools need to have more caring adults on campus”.
- Board members noted that P2P methods work best.

6:20 pm - Board Member Updates

Secretary Nominations and Voting

- Board members were briefed on the vacant officer position of Secretary
- Board Members Kiara self nominated themselves for the officer role.
- Action Item: Board members vote to approve electing Kiara for the officer position of Secretary.

Yes	No	Abstain
6	0	0

6:35 pm Meeting Adjourned