

Behavioral Health YOUTH ADVISORY BOARD

A MONTHLY NEWSLETTER BROUGHT TO YOU BY THE MEMBERS OF THE BHYAB



February News

On February 6, 2024, the BHYAB established three priority interests that will be focused on over the next term. The areas of priority are **substance use and abuse, homelessness, and juvenile justice**. Members received Narcan doses to keep on hand courtesy of the Sacramento County Drug and Alcohol department.

Natanya Kharat, Mental Health Board Liaison, updated the board about the January Children Systems of Care Committee meeting. The liaison position will ensure that the BHYAB and Mental Health Board are collaborating.

FEATURED

Meeting News

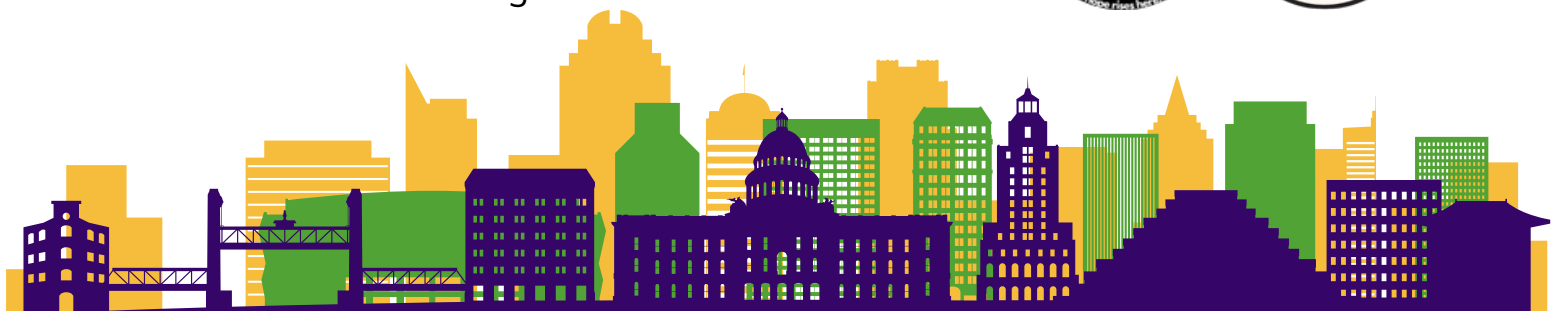
Policy Brief

Board Announcements

Community News

Board Resources

This newsletter is brought to you by:



Behavioral Health YOUTH ADVISORY BOARD

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February News

On February 20, 2024, members had a Policy vs. Program presentation by Sydney Saiya, Program Manager of PRO Youth and Families. The board learned how to formulate policy recommendations which will assist the BHYAB as they research their areas of priority.

Members reviewed the 2023 Mental Health Resource Accessibility and Sustainability (MHRAS) policy brief that was presented to the Board of Supervisors and Sacramento County Office of Education. The BHYAB intends to follow up with the Board of Supervisors and Office of Education Trustees to see how the recommendations have been implemented.

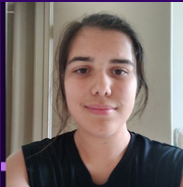
In collaboration with the Mental Health Oversight and Accountability Commission, the BHYAB Mental Health Resource Accessibility and Sustainability brief was presented around the state as a learning tool for other youths to formulate recommendations for local leaders.

Policy Brief



Board Announcement

MEET THE BOARD



District 1
Storm Burgess



District 2
Zauna Nuru-Bates



District 2
Kai Bzoskie



District 3
Radha Chauhan



District 4
Natanya Kharat



District 5
Jordan Kaitapu



Chair

Vice Chair

Secretary

We are pleased to announce that the Behavioral Health Youth Advisory Board has been officially approved by the county for an Instagram account. The board has been advocating for this for the last two years and is grateful for the opportunity. The account is set to launch in May 2024. Stay tuned!

Special thanks to the BHYAB Partners:



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Join the Board!

The Behavioral Health Youth Advisory Board is a governing body that offers youth perspectives on mental health and substance misuse goals and objectives for Sacramento County. No experience is needed! All we ask is that you are passionate about mental health or substance misuse, and we will teach you along the way.

APPLY NOW

BOARD RESOURCES

- [Agenda](#)
- [Application](#)

Special Thanks...

We would like to recognize supporters of the BHYAB.

Thank you, Wind Youth Services, for hosting our board meetings. We greatly appreciate your support.

Thank you, Mental Health Oversight and Accountability Commission for bringing visibility to the efforts of the BHYAB!

If you or someone you know would like to present to the BHYAB, please contact sydneys@proyouthandfamilies.org.

