

Meeting Minutes 2.18.25
Behavioral Health Youth Advisory Board

Name	Attendance	In Person or Hybrid	Excused?	District
Stormee Burgan	LOA			District 1
Clara Armstrong				District 1
Kiara Yates	X	In Person		District 2
Karisa Cinco	X	Hybrid		District 2
Radha Chauhan				District 3
Cloud 'Epiffany' Petersen	X	In Person		District 4
Natanya Kharat				District 4

5:09 pm - Welcome and Introductions

- Board members announce their presence and roll call was conducted. Quorum was not set as 3 of the 7 members were present.

5:09 pm - Approval of Agenda

- Action Item: Board members were not able to vote to approve the agenda for 2.18.25 or approve the meeting minutes for 2.4.25 due to lack of quorum.

5:10 pm - Public Comment

- No public comments were made at this time.

5:10 pm - Board Activity Updates: Youth Suicide Listening Session ad hoc share out

- Ad hoc met twice outside of general meetings.
- Established collaboration with Stanford Sierra Youth and Family Services:
 - Working on promotional material and flyers.
 - Working on budget and finances - baseline estimated about \$300 with that including food, drinks, and gift cards for youth participants.
 - Created and shared the board's flyer with SSYAF.
 - Items to do include:
 - Work on external communications to promote.
 - Work on creating and setting an agenda for the event.
 - Create consent forms for program participants.
- Some discussions included thoughts on ideal program participants, ideal way of going about incentives, and ways to go about effectively recruiting. Through this, the board identified the need to understand who their target audience is, and what will be the outcome of the

6:06 pm - Member Updates

- Board members shared their updates regarding their involvement in the UC Davis Science Cafe. This event is planned to occur in April and will be an informative mental health webinar hosted in collaboration with youth from BHYAB, Sacramento Youth Mental Health, and Vision y Compromiso. Board member Cloud has been implementing and planning this event since September 2024 in alignment with the Together for Wellness campaign.

6:07 pm Meeting Adjourned