

Meeting Minutes 3.4.25
Behavioral Health Youth Advisory Board

Name	Attendance	In Person or Hybrid	Excused?	District
Stormee Burgan	LOA			District 1
Clara Armstrong	X	In Person		District 1
Kiara Yates	X	In Person		District 2
Karisa Cinco	X	Hybrid		District 2
Radha Chauhan	X	In Person		District 3
Cloud 'Epiffany' Petersen	X	In Person		District 4
Natanya Kharat				District 4

5:04 pm - Welcome and Introductions

- Board members announce their presence and roll call was conducted. Quorum was set as 5 of the 7 members were present.

5:09 pm - Approval of Agenda and Meeting Minutes

- Action Item: Board members were able to vote to approve the agenda for 3.4.25 and 2.18.25 and approve the meeting minutes for 2.18.25 and 2.4.25.

Yes	No	Abstain
5	0	0

5:07 pm - Public Comment

- Mel Herrera from Sacramento County: Thanked the youth advisory board for their attendance and participation in the allCove conference.
- TyKwon Jacob from Greater Sacramento Urban League: Recognized the board for their participation and engagement with the allCove Sacramento Youth Advisory Group. Looking forward to future partnership and collaboration with the BHYAB.

5:09 pm - Board Activity Updates: Youth Suicide Listening Session Workshop with - Stanford Sierra Youth and Families

- **Youth Listening Session:**
- Stanford Sierra Youth & Families (SSYAF) – Sacramento County 125-Year Anniversary
 - Looking forward to collaboration with the board.
 - Previous discussions held with Cloud and BF Dexter.
 - Awaiting executed contract from the county.
- Planning Document for Youth Suicide Listening Session
 - Presented by: Kiara Hayden
 - The Planning Document, drafted by SSYAF, was presented to the full board for the first time. (It had been previously shared with ad hoc members.)
 - SSYAF requested board input on key topics and youth needs.
- Logistics & Considerations:
 - Location: Options discussed include the Stanford Sierra office, GSUL Youth & Families Center (Oak Park), and downtown locations.
 - Parental Lobby Room: Consideration for a waiting area for parents, including transportation logistics.
 - Time of Day: To be determined based on youth availability.
 - Target Age Group: 14-24 (previously decided by ad hoc).
 - Hybrid Format: Ad hoc planned for hybrid participation.
 - Enhancements: Potential additions include a fidget station, merchandise, or swag for attendees.
 - Site Tours:
 - Ad hoc may visit potential locations to assess suitability for listening sessions.

- Associate Board Member Mayuri Kasturi suggested incorporating bracelet-making or merch bags with charms/accessories.
- SSYAF Collaboration & Additional Input:
 - A tour of SSYAF facilities is planned within the next few weeks.
 - SSYAF expressed interest in joining other site tours, particularly allCove.
 - SSYAF inquired about youth food preferences.
 - The board emphasized the need for diverse food options, including gluten-free and vegetarian choices.
 - BM Secretary Kiara Hayden sent ad hoc notes to SSYAF to ensure all input was included.
- **Policy Brief Ad Hoc**
 - Explained by: Board Coordinator Dexter
 - Purpose: Reviewed the function and importance of ad hoc committees.
- Membership Updates:
 - Current Members: Radha
 - Interested Participants:
 - Natanya expressed interest.
 - Associate BM Mayuri Kasturi wants to join as an unofficial member.
 - Final Spot Filled: Karisa volunteered for the third and final position.

6:15 pm - Member Updates

- Board members shared their updates regarding their recent attendance in the allCove conference. Board members shared aside from a great event and learning new topics, that they look forward to being able to collaborate and form new partnerships from the connections they made, some notably: allCove Sacramento, GSUL.

6:23 pm Meeting Adjourned