# Meeting Minutes 03/18/2025

# **Behavioral Health Youth Advisory Board**

Name	Attendance	In Person Or Hybrid	Excused?	District
Stormee	LOA			District 1
Burgan				
Clara				District 1
Armstrong				
Kiara Yates	X	In Person		District 2
Karisa Cinco	X	In Person		District 2
Radha	X	Hybrid		District 3
Chauhan				
Cloud				
'Epiffany'	X	In person		District 4
Petersen				
Natanya				District 4
Kharat				

# 5:08pm. Welcome and introduction

• Board members announce their presence and roll call was conducted. Quorum was not set as 3 of the 7 members were present.

# **5:11pm Approval of Agenda and Meeting Minutes**

• Meeting Minutes 03/04/2025

Yes	No	Abstain
4	0	0

#### **Public Comment 5:12pm**

No Comments

### **5:12pm Board Activity Updates**

- Policy Brief Updates & Discussion (Led by Radha)
- Brainstorm session from surveys o Substance use
  - Reaching parents about informing their children (outreach - social media, workshop?)
- Linda Abdelbaki DCFAS program planner
  - □ Ask SCOE about ideas Mental wellness
  - □ Peer support County wide engagement tactics
  - Implementation in schools
  - Videos and assemblies
  - Wellness groups (private rooms)

#### 6:02pm Member Updates

- Suicide listening session ad hoc updates ○
   Facilitators (board members) will be trained ○
   Associate board member inclusion for facilitating and leading
- Associate board member ad hoc o Clara, Kiara,
   Radha showed interest/volunteered o ad hoc formed

## 6:23pm Meeting Adjustment