

Behavioral Health **YOUTH ADVISORY BOARD**

A MONTHLY NEWSLETTER BROUGHT TO YOU BY THE MEMBERS OF THE BHYAB



March News

On March 4th, the board discussed their upcoming listening session as well as the upcoming policy brief. The listening session Ad Hoc, with the help of Stanford Sierra Youth and Families, shared out plans and discussions regarding the listening session. Stanford Sierra also led a discussion with the board about different things the board needed to determine for the event. Additionally, an Ad Hoc was formed to begin the formation of the next policy brief. Finally, board members discussed their previous AllCove Conference.

On March 18, the board began to discuss possible topics for its upcoming policy brief. Board members discussed data from their most recent survey, as well as the steps they will need to take to get more data. The listening Ad Hoc also shared updates from their previous meeting. Finally, the board created an Ad Hoc for associate board members and getting them more involved and acclimated.

FEATURED

Meeting News
Upcoming Events
Board Resources

**This newsletter is
brought to you by:**



Upcoming Events

In the month of May, BHYAB will hold a listening session for youth. Date is being discussed among the board, and the venue selected by our board is the Sac Youth Center.

This listening session will be focused on youth suicide awareness and prevention.

Also in the month of April, is the UC Davis Science Cafe event. The confirmed date for the event is April 17th, and it will be in a hybrid format. The event theme is “How to navigate difficult times”.

BOARD RESOURCES

- [Agenda](#)
- [Application](#)

Special Thanks...

We would like to recognize the supporters of the BHYAB:

Stanford Sierra Youth and Families for their collaboration on our listening session.

Follow the Board Instagram to stay up to date with board activities and events, general meetings, and youth-curated content:

[@saccountybhyab](#)

If you would like to present to the BHYAB, please contact dextern@proyouthandfamilies.org.



Interested in joining the board?

Fill out the application! There are two seats per district, and currently, 1 seat for District 3 and 2 seats for District 5 are open. Applicants for districts with full seats can still apply and serve as associate board members until a space open up!

If you know a youth that has an interest in behavioral health, please refer them to this newsletter and encourage them to apply - we can offer support in the application process too!

BOARD RESOURCES

- [Agenda](#)
- [Application](#)

SELECTION PROCESS

1. Apply to the board with the link above
2. Send application to BoardClerk@SacCounty.gov
3. After applications are reviewed, the applicant will be interviewed by their respective district supervisor
4. After interviews, supervisors make their appointment recommendations

