

Behavioral Health YOUTH ADVISORY BOARD

A MONTHLY NEWSLETTER BROUGHT TO YOU BY THE MEMBERS OF THE BHYAB



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June News

Members honored Mental Health Awareness month and took a break from board activity the first few weeks of June. Members have also begun to develop their interview questions for adult allies and officials of Sacramento. Members intend on aligning their objectives for upcoming policy recommendations.

On June 11th, members Jordan Kaitapu and Ria Srivastava attended the MINDSET conference hosted by Sacramento Youth Mental Health Group. MINDSET is a youth conference developed and led by youth, for youth to discuss mental health literacy and crisis prevention.

On June 21st, Erica Jaramillo from the Sacramento County Behavioral Health Department reviewed the Behavioral Health Youth Services website as well as current updates of the 10-Year Student Mental Health and Wellness Plan. Members Ja'Lyn Wright and Ria Srivastava intend on developing visual aids to advise the website in becoming more youth-friendly.

MINDSET

"Mindset was a great opportunity to connect with other youth and learn about their experiences as they related to behavioral health. I was grateful for the opportunity to meet students from a variety of backgrounds, attending for a variety of reasons." - Ria Srivastava



Ria Srivastava and Jordan Kaitapu

This newsletter is
brought to you by:



MEET THE BOARD



District 1
Trayzell White



District 1
Mark Borges



District 2
Ja'Lyn Wright



District 2
Merissa Posh



District 3
Savanna Karmue



District 3
Audrey Nunez



District 4
Ria Srivastava



District 5
Jordan Kaitapu

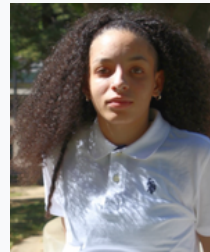


District 5
Madison Nguyen

BHYAB Officers



Chair,
Savanna Karmue



Vice Chair,
Jordan Kaitapu



Secretary,
Trayzell White

Officer Updates

Chair Savanna Karume is currently working in advance to plan out board member agendas and activities to ensure members conduct policy recommendations this fall. *If you are interested in viewing a presentation of the BHYAB Policy Brief this winter, please contact sydneys@proyouthandfamilies.org.*

Vice Chair Jordan Kaitapu is developing recruitment advertisements for associate member positions and will be announcing the potential first project for associates during the upcoming board meeting.

 *Mark Your Calendars!*

Next Board Meeting
July 11th
via Zoom

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Summer Meeting Schedule

To accommodate youth board member schedules, our summer meeting schedule is as follows:

Monday, July 11th
5:30 - 7:30 pm

Wednesday, July 20th
1:30 - 3:30 pm

Monday, August 1st
5:30 - 7:30 pm

Wednesday, August 17th
1:30 - 3:30 pm

You may access virtual board meetings by clicking [here](#).

BOARD RESOURCES

- [Agenda](#)
- [BHYAB Application](#)
- [Find My District & Supervisor](#)

Special Thanks...

We would like to recognize the supporters of the BHYAB.

Special thanks to:

Sacramento Youth Mental Health
Thank you for inviting us to participate in MINDSET 2022.

Erica Jaramillo

Thank you for presenting the Youth Services website and updating members on the 10-Year Student Mental Health Plan.

Special thanks to the BHYAB Partners:

