

Sacramento County Behavioral Health Services Cultural Humility Training Series

FY 2025/26

Sacramento County Behavioral Health Services will again partner with the California Institute for Behavioral Health Solutions (CIBHS) to provide the Cultural Humility Training Series. This series is a requirement of the DHCS Cultural Competence Plan Requirements.

There will be three live (virtual) trainings with an option for staff to watch the recording if not available to attend the live training. This year's topics will cover **Strategies for Advancing Equity**, **Intergenerational Trauma**, and **Ensuring Trans-inclusive Health Care**.

Training 3, *Ensuring Trans-inclusive Health Care*, meets new state SB 923 training requirements, known as Transgender, Gender Diverse or Intersex Inclusive Care Act which requires Behavioral Health Plans, subcontractors, and downstream contractor staff who are in direct contact with members to complete this training with 45 days of being hired and every two years thereafter.

All trainings will provide a certificate of participation, and we are working towards providing CEs to eligible professionals who attend either the live or recorded trainings.

Trainings

1. Strategies for Advancing Equity
Thursday, July 24, 2025, 10:00 am - 12:00 pm
2. Intergenerational Trauma Panel
Thursday, September 18, 2025, 10:00 am - 12:00 pm
3. Ensuring Trans-inclusive Health Care*
Thursday, October 23, 2025, 9:00 am-12:30 pm

Attendance

As a reminder, all direct service staff who provide behavioral health services to Sacramento County consumers, their supervisors, and management who oversee clinical operations are required to attend these trainings. ****Training 3 is an expanded audience and is required training for all direct service provider staff, their supervisors, and leadership, as well as any BHS provider staff with direct contact with clients.***

ADA Support

To request interpreters, alternate formats of documents or other accommodations to participate in the trainings, call Alondra Thompson at (916) 709-5485 (CA Relay 711) or thompsonal@saccounty.gov two weeks prior to the training.



Cultural Humility Training Series 2025/26

If you or your staff are currently participating in the Cultural Humility Trainings, then your Learning Cart account will automatically be updated with the current trainings as they become available.

To add new staff to the system, create an order using the link below and assign them the training using their work email address.

<https://training.cibhs.org/products/2025-26-Sacramento-County-BHS-Cultural-Competency-Trainings.aspx?>

If you do not see the information by July 10, 2025, or you need support adding staff, please contact klawrence@cibhs.org.