

Behavioral Health Interpreter Training (BHIT)

For Providers



VIRTUAL TRAINING

Intensive Skill-Building Curriculum for Providers:

March 19-20, 2026
8:30a-12:15 pm

- 2- Half-Days
- 7- hours total
- CEUs Provided

The BHIT was developed by the National Latino Behavioral Health Association (NLBHA).

Registration is limited to the first 35 registrants.

Contact
GlisicA@saccounty.gov

Behavioral Health Interpreter Training (BHIT)

Effective communication and conveying information in a manner that is easily understood by Limited English Proficient (LEP) clients in behavioral health settings is critical. The number of LEP clients far exceeds the number of bilingual, bi-cultural behavioral health professionals.

Properly trained mono-lingual providers who use interpreters can fill a critical role in improving the quality of care to clients whose first language is not English, ensuring accurate and complete communication to minimize risk and maximize appropriate care.

****This program is funded by the Sacramento County Division of Behavioral Health Services through the voter-approved Proposition 63, Mental Health Services Act (MHSA). *If you wish to attend and need to arrange for an interpreter or reasonable accommodation, please contact Ajna Glisic one week before the event at GlisicA@saccounty.gov or 916-698-2855***

Training of Providers

This intensive 2-day, 7-hour, workshop offers practitioners practical information on how to maximize ways to best use interpreters by exploring communication variables such as language, culture, verbal and non-verbal communication, and low and high-context communication. This training creates a structure for participants to understand the complex roles of the behavioral health interpreter.

Who should attend this training?

Direct service staff, clinicians, administrative support staff, community members, contractors, consumers, case managers, and others.

Presenter



Enrique López-Escalera, JCL., STL., MSW was born in El Paso, Texas, and raised in Cd. Juárez, México. Since the age of nine, he has resided in New Mexico, except for a few years living abroad pursuing higher education. He deeply identifies with the Borderlands. Enrique is fully bilingual and bi-cultural. Enrique is a life coach. He has post-graduate degrees in Social Work, Canon Law, and Theology. He has 25+ years of experience serving people directly through counseling and mentoring in mental and behavioral health. He has a minor in philosophy, which serves as the foundation for his presentations on ethics. His delivery method is characterized by professionalism, warmth, and simplicity – communicating important concepts in easy-to-understand terms. Enrique is certified in Mental Health First Aid by the National Council of Mental Well-Being and as a professional life coach by Transformation Academy.