

# PEER COMMITTEES

Sacramento County Behavioral Health Services (BHS) hosts three different Peer Support Committees to connect, learn, and lead together.



## REGISTER FOR A COMMITTEE



**For Peer Specialists employed within Sacramento County's Behavioral Health Services**



[sholink.to/BHSPeers](http://sholink.to/BHSPeers)



## PEER COMMITTEES

Youth

Adult

Parent, Family, and Caregiver

## ABOUT THE COMMITTEES

- Gain **1.0 CE** for Medi-Cal Peer Specialist Certification renewal
- Grow your expertise alongside others and contribute to a thriving support network
- Engage with peers in your community who understand your journey and values
- Explore real-world challenges and peer-driven strategies in behavioral health



## LEARN MORE



[sholink.to/PeerCert](http://sholink.to/PeerCert)



[BHSPeerCertification@saccounty.gov](mailto:BHSPeerCertification@saccounty.gov)

Subscribe to Emails: [sholink.to/PeerEmails](http://sholink.to/PeerEmails)

***Your experience is powerful. Your voice creates change.***

# PEER COMMITTEES

The committees promote open dialogue, collaborative learning, and mutual support. Sessions focus on peer-led discussions and strategies, affirming each voice, fostering professional growth, and strengthening our peer workforce.

## REGISTER FOR A COMMITTEE



**For Peer Specialists employed within  
Sacramento County BHS programs**  
**[sholink.to/BHSPeers](https://sholink.to/BHSPeers)**



### Youth



For Peer Specialists employed within Sacramento County BHS supporting our **youth and TAY** populations



**2nd Thursday** every month at **9 am - 10:30 am\***



Virtually (w/ quarterly hybrid)



### Adult



For Peer Specialists employed within Sacramento County BHS supporting our **adult** populations



**2nd Wednesday** every month at **9 am - 10:30 am\***



Virtually



### Family, Parent, and Caregiver



For Peer Specialists employed within Sacramento County, supporting **family, parent, and caregiver** populations



**4th Tuesday** every month at **9 am - 10:30 am\***



Virtually

\*Scan QR Code for meeting updates



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