

CARE Act Program

Community Assistance, Recovery and Empowerment Act (CARE Act)

A new framework to connect people with mental health and substance use disorders to voluntary treatment through a civil court process. Participants can receive many kinds of support to promote their recovery and well-being, which may include counseling, medication, housing options, social services, and other resources.

Coming to Sacramento County December 1, 2024



Who is eligible to participate?

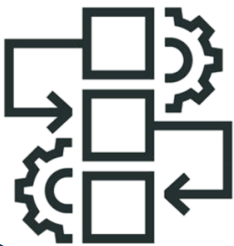
The CARE program is for participants who are:

- 18 years of age or older.
- Diagnosed with schizophrenia spectrum or other psychotic disorders.
- Not stabilized with on-going voluntary treatment.
- Unlikely to survive safely in the community without supervision.



Who can file a petition?

- The participant.
- An adult person who lives with the participant.
- A spouse or registered domestic partner, parent, grandparent, adult sibling, or adult child of the participant.
- A person who stands in the place of a parent to the participant.
- The director of a hospital in which the participant is or was recently hospitalized.
- The director of a public or charitable organization, who has provided or is currently providing behavioral health services to the participant.
- A licensed behavioral health professional, who has supervised the treatment of the participant for mental illness.



How does the CARE process work?

- The process begins when an eligible person files a CARE Act petition.
- A judge decides if the person meets criteria and is eligible for treatment.
- A judge orders the County Behavioral Health Agency to investigate and submit a report that determines if the participant meets criteria.
- A CARE agreement or CARE plan is created based on the participant's needs.
- Participant may participate in CARE agreement or CARE plan for up to 24 months for on-going treatment, supportive services, and housing in the community.

To learn more,
Visit California Courts at
<https://selfhelp.courts.ca.gov/care-act/forms>



QUESTIONS?

Contact Self-Help at 916-874-1421.

Hours:

Monday – Friday
8:30 AM – 12:00 PM
1:30 PM – 4:00 PM

Closed Thursday 1:30 PM – 4:00 PM

Email: civilselfhelp@saccourt.ca.gov

Location:

813 6th Street, Room 117
Sacramento, CA 95814

Navigate CARE
Act Resource Center
<https://care-act.org/>

