Shopping Safely During COVID-19



Behavioral Health Services



You can shop safely and help slow the spread of COVID-19 this Holiday Season by simply staying away from the mall and crowded stores. With so many options to shop online, staying out of the Holiday rush is easier and more convenient than ever!

consider this:

Shop online.



Online shopping is the safest way to shop during the pandemic. Many online retailers are providing hands-free delivery, curbside pickup and other delivery options.

Give an e-gift.



Online gift cards and gift certificates are easy to purchase and require no delivery. Consider giving the gift of knowledge with an online class or subscription to an online learning company like Masterclass or Udemy. You can even take a class together!

Stay local & outside.



Support local businesses and minimize your exposure to COVID-19 by shopping at local stores for holiday gifts. If you need to visit a shopping center or mall, opt for one that is uncovered/outdoors.



guidance

If you MUST visit an indoor shopping center this holiday season, please follow these guidelines:

Keep your distance. Practice social distancing while shopping – keeping at least 6 feet between you, other shoppers, and store employees.

Mask up. Wash up. Wear your mask at all times. Keep your hands away from your face. Use hand sanitizer frequently and wash your hands with warm water and soap for at least 20 seconds when you return home.

Keep your visit short. Make a list and try to be as efficient as possible. Try to get as much done as possible in a short amount of time and try to visit the mall early in the morning when crowds are minimal.

fact check:

California has issued a new Regional Stay at Home Order effective as of Dec. 6th. It prohibits private gatherings of persons outside your immediate household of any size, and requires 100% masking and physical distancing in all public areas and businesses.