

Please spread the word about Sacramento County, Behavioral Health Services

# SUPPORTING COMMUNITY CONNECTIONS (SCC) PROGRAMS



SCC programs support suicide prevention in underserved communities in unique ways by:

- Increasing access to and linkage with needed services (such as support services, crisis services, benefits acquisition etc.)
- Improving self-reported life satisfaction and well-being
- Reducing risk factors and enhancing protective factors
- Diversion from crisis services or decreased need for crisis services
- Decreasing suicide risk
- Increasing knowledge of available resources and support
- And enhancing connectedness and reducing isolation

SCC programs have staff who are culturally aligned with and can provide services in the following languages: Arabic, Dari, Pashto, Farsi, Russian, Spanish, Vietnamese, Cantonese, Hmong and Mien.

As SCC program staff meet and provide support to community members, they can start to inform them about the behavioral health services that are available to them. SCC program staff can even assist interested community members to seek behavioral health services if more intensive support is needed beyond what the SCC program can offer.

Any resident of Sacramento County (regardless of Medi-CAL eligibility) can access these services directly by contacting the SCC program they are interested in. For a full list of programs and their contact information, please see the other side of this flyer.

## RESOURCE LIST

- **The Living Room - African American SCC Project operated by A Church for All**
- Address: 811 Grand Ave., Sacramento, CA 95838 Hours of Operation: Office/Phone: Monday thru Friday from 10:00am to 3:00pm Counseling Services: Monday thru Friday from 3:00 to 9:00pm Telephone: (916) 899-8861 or (916) 234-0178 Website: [The Living Room Website](#)
- **Iu Mien SCC operated by Iu Mien Community Services**

Address: 5657 Stockton Boulevard, Sacramento, CA 95824 Hours of Operation: Monday thru Friday from 9:00am to 5:00pm Telephone: (916) 383-3083 Website: [Iu Mien Website](#)

RESOURCE LIST CONTINUED

- **Life is Sacred – American Indian / Alaska Native / Indigenous SCC Program operated by Sacramento Native American Health Center**

Address (Midtown): 2020 J Street, Sacramento, CA 95811 Hours of Operation: Monday thru Friday from 7:30am to 5:00pm Address (South Sacramento): 3800 Florin Road, Sacramento, CA 95823 Hours of Operation: Monday thru Friday from 8:30am to 5:30pm Telephone: (916) 341-0575 Website: [SNAHC Website](#)

- **Arabic-Speaking SCC Program operated by Refugee Enrichment and Development Association (REDA)**

Address: 3425 Arden Way, Sacramento, CA 95825 Hours of Operation: • Social Service Center: Monday thru Friday from 10:00am to 4:00pm • Education Center/English Language Lab: Monday thru Friday from 10:00am to 7:00pm • Education Center/Homework Club: Monday thru Thursday from 3:00 to 7:00pm • Youth Center: Monday thru Thursday from 3:00 to 7:00pm Telephone: (916) 500-4299 Website: [REDA Website](#)

- **Spanish-Speaking / Latino SCC Program operated by La Familia Counseling Center**

Address: 3301 37th Avenue, Sacramento, CA 95824 Hours of Operation: Monday thru Friday from 8:30am to 5:00pm Telephone: (916) 210-8773 Website: [La Familia Counseling Center Website](#)

- **Russian-speaking / Slavic SCC Program operated by Slavic Assistance Center**

Address: 2117 Cottage Way, Sacramento, CA 95825 Hours of Operation: Monday thru Friday from 9:00am to 6:00pm Telephone: (916) 925-1071

- **Slavic (Ukrainian) Support Phone Line operated by Slavic Assistance Center**

Hours of Operation: Monday through Friday from 8:00am to 8:00pm, Saturday 8am to 12pm, Telephone: (916) 925-1010

- **Cantonese-speaking / Hmong SCC / Vietnamese program operated by Asian Pacific Community Counseling**

Address: 7273 14th Avenue, Suite 120-B, Sacramento, CA 95820 Hours of Operation: Monday thru Friday from 8:00am to 5:00pm Telephone: (916) 383-6783 Website:

[Asian Pacific Community Counseling Website](#)

- **Youth / TAY SCC (focusing on foster youth / former foster youth, LGBTQ and unhoused youth populations) Program operated by Children's Receiving Home**

Address: 3555 Auburn Boulevard, Sacramento, CA 95821 Hours of Operation: Monday thru Friday from 9:00am to 5:30pm Telephone: (916) 482-2370 Website: [CalVoices Website](#)

- **Older Adult SCC Program operated by La Familia Counseling Center**

Address: 3301 37th Avenue, Sacramento, CA 95824 Hours of Operation: Monday thru Friday from 8:30am to 5:00pm Telephone: (916) 210-8773 Website: [La Familia Counseling Center Website](#)

- **Consumer-operated Warmline SCC Program operated by Cal Voices**

Address: 720 Howe Avenue, Suite 102, Sacramento, CA 95825 Hours of Operation: Monday thru Friday from 9:00am to 5:00pm Telephone: (916) 366-4668 Website: [CalVoices Website](#)

## RESOURCE LIST CONTINUED

- **Farsi-speaking SCC program operated by REDA**

Address: 3425 Arden Way, Sacramento, CA 95825 Hours of Operation: • Social Service Center: Monday thru Friday from 10:00am to 4:00pm • Education Center/English Language Lab: Monday thru Friday from 10:00am to 7:00pm • Education Center/Homework Club: Monday thru Thursday from 3:00 to 7:00pm • Youth Center: Monday thru Thursday from 3:00 to 7:00pm Telephone: (916) 500-4299 Website: [REDA Website](#)

- **Afghan SCC program operated by REDA**

Address: 3425 Arden Way, Sacramento, CA 95825 Hours of Operation: • Social Service Center: Monday thru Friday from 10:00am to 4:00pm • Education Center/English Language Lab: Monday thru Friday from 10:00am to 7:00pm • Education Center/Homework Club: Monday thru Thursday from 3:00 to 7:00pm • Youth Center: Monday thru Thursday from 3:00 to 7:00pm Telephone: (916) 500-4299 Website: [REDA Website](#)