

Additional Behavioral Health Services CARE Court Information

CARE Sacramento Self Help Center



CARE Act Resource Center



Sacramento County CARE Court



If you or your loved one do not meet the eligibility criteria for CARE Court but are interested in connecting with or learning more about other Behavioral Health Services (BHS) programs, services, and resources, please contact our BHS-Screening and Coordination (BHS-SAC) at:

- Phone: 916-875-1055
- Toll Free: 888-881-4881

The BHS-SAC is available Monday through Friday, from 8:00 AM to 5:00 PM. For mental health crisis calls, the BHS-SAC is available 24/7.

County of Sacramento Department of Health Services Behavioral Health Services



David Villanueva
County Executive

Timothy Lutz
Director of Health Services

Ryan Quist, Ph.D.
Director of
Behavioral Health Services

Kelli Weaver
Deputy Directory of
Behavioral Health Services

Department of Health Services
7001- A East Parkway,
Sacramento, CA 95823

Email: dhs-bhs-care_court@saccounty.gov

Community Assistance, Recovery and Empowerment (CARE) Court

Behavioral Health Services



SACRAMENTO
COUNTY



- 18 years of age or older.
- Diagnosis of a Schizophrenia Spectrum disorder or another psychotic disorder in the same class.
- Currently experiencing a mental illness that:
 - Is severe in degree and persistent in duration,
 - May cause behaviors that interfere substantially with activities of daily living, and
 - May lead to an inability to maintain stable adjustment and independent functioning without treatment, support, and rehabilitation for a long or indefinite period.
- Not clinically stabilized in ongoing voluntary treatment.

Who Can Be A Petitioner?

- Petitioners must be 18 years of age or older and fit into one of the following categories:
 - Person living with the respondent
 - Family: a spouse or registered domestic partner, parent, sibling, child, or grandparent
 - Hospital Director or designee
 - Public Guardian or designee
 - Director of Behavioral Health or designee
 - Director of Adult Protective Services or designee
 - Director of California Indian Health Services Program or designee
 - Judge of a tribal court
 - First Responders
 - Respondent (i.e., self-petition)
 - A facility that is treating the individual under an involuntary hold
 - Licensed behavioral health professional who within the last 30 days provided or supervised treatment

CARE at a Glance

The CARE Act is a new civil court process that provides services to people who are on the Schizophrenia Spectrum and meet other criteria.

The CARE Act allows specific people (known as “petitioners”) to request that an individual enter the CARE process.

The CARE process involves assessments and hearings to determine whether the individual (known as a “respondent”) is eligible.

If the respondent is eligible, a voluntary CARE agreement or court-ordered CARE plan may be created for up to 12 months.

This CARE Agreement or Plan includes services the individual can receive, such as behavioral health services, housing, and community supports.



How to File a Petition

Eligible petitioners may file a petition with the court at the **Sacramento Superior Court**, located at:

- 720 9th Street, Sacramento, CA 95814

If you need assistance with completing the CARE petition and related forms, please visit or contact the **Sacramento Self Help Center** at:

- 813 6th Street, Room 117, Sacramento, CA 95814
- Phone: 916-874-1421
- Email: civilselfhelp@saccourt.ca.gov
- Hours of Operation: M – F: 8:30am – 12:00pm
1:00pm – 4:00pm

Closed Thursday afternoons: 1:30pm – 4:00pm