

Behavioral Health Services (BHS) encompasses a range of **mental health and substance use treatment services** aimed at improving well-being. These services include comprehensive assessments, treatment planning, care coordination, therapy, counseling, crisis intervention, and medication management.

Crisis Services

911

Life-threatening Emergencies

988/Community Wellness Response Team (CWRT)

Call or text 988

24/7 behavioral health crisis support with mobile crisis teams that can respond in-person when needed

Drop-In Crisis Services

Mental Health Urgent Care Clinic (MHUCC)

916-520-2460

2130 Stockton Blvd, Bldg. 300,
Sacramento, CA 95813

Mental Health Treatment Center

916-875-1000

2150 Stockton Boulevard,
Sacramento, CA 95817

Drop In Hours

*Sat - Sun/Holidays: 6 pm - 8 am
M - F: 10 pm - 8 am*

Screening, Assessment, and Coordination (SAC)

BHS-SAC

916-875-1055 Toll-free 888-881-4881

CA Relay Service: 711

M - F: 8 am - 5 pm

**Drop-In CORE, FIT,
& Substance Use
Services**



sholink.to/BHSDropIn

Behavioral Health Services

Scan the QR code below for more information, locations, and updated hours

Community Support Team (CST)

916-874-6015

Non-urgent crisis and community-based team providing mental health & substance use screenings, supports, interventions, linkage to resources, and system navigation for any individual.

MENTAL HEALTH PROGRAMS

CORE Program

CORE Sites:

11 locations provide moderate-to-high intensity mental health and co-occurring substance use services to individuals 18 years or older

CORE Community Wellness Centers:

Peer-run centers providing support and activities

Flexible Integrated Treatment (FIT) Program

16 locations provide outpatient mental health and co-occurring substance use treatment for youth

SUBSTANCE USE PROGRAMS

11 outpatient and 10 intensive outpatient providers offering Substance Use Disorder (SUD) treatment for adults and youth. 10 medication-assisted treatment providers offer full outpatient services with medication support.

LEARN MORE



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bhs-dhs@saccounty.gov

