

Sacramento County
Department of Health Services, Behavioral Health Services
Adult Peer Support Committee

Meeting Agenda

April 17, 2024, 1:00 PM – 2:30 PM

Meeting ID: 161 120 3300

Password: 217009

Meeting Location

- Join Zoom Meeting
[weblink](#)
- Conference Phone
 (669) 254-5252 or (669) 216-1590

Topic	Presenter	Time
I. Welcome and Introductions <ul style="list-style-type: none"> • Land and Labor Acknowledgement 	Chris Marzan, Chair Tahirah Hudson, Behavioral Health Peer Specialist Program Manager	1:00
II. Group Agreements	Chris Marzan, Chair	1:10
III. Connection B4 Content <ul style="list-style-type: none"> • Nykchasia Scott- Sound Bath 	Chris Marzan, Chair	1:15
IV. Agenda Review	Tahirah Hudson, Behavioral Health Peer Specialist Program Manager	1:20
V. Virtual Scavenger Hunt Activity	Tahirah Hudson, Behavioral Health Peer Specialist Program Manager	1:20
VI. Professional Development and Continued Education	Chris Marzan, Chair	1:40
VII. How to Set Healthy Boundaries with Peers and Yourself	Tahirah Hudson, Behavioral Health Peer Specialist Program Manager	2:00
VIII. General share-out and updates <ul style="list-style-type: none"> • Resources 	Open discussion	2:15
IX. Adjournment / Upcoming Meeting <ul style="list-style-type: none"> • May 15, 2024 cancelled • June 26, 2024 1:00pm – 2:30pm	Tahirah Hudson, Behavioral Health Peer Specialist Program Manager	2:30

Interested members of the public are invited to attend Adult Peer Support Committee meetings. If you wish to attend and need to arrange for an interpreter or a reasonable accommodation, please contact Anne-Marie Rucker one week prior to the event at (916) 875-3861 or ruckera@sacounty.gov.