

Sacramento County
Department of Health Services, Behavioral Health Services
Adult Peer Support Committee

Meeting Agenda

September 10, 2025, 9:00 AM – 10:30 AM

Meeting Location

- Join Zoom Meeting
[Weblink](#)
- Conference Phone
(669) 254-5252 or (669) 216-1590

Meeting ID: 160 235 7474

Passcode: 256987

Topic	Time
I. Welcome and Introductions	9:00
II. Connection B4 Content: • Celebrate & Recharge	9:05
III. Topic Discussion & Activity • Wholehearted Work: Wellness, Wins, and the Bonds That Hold Us	9:20
IV. General Share-out and Resources • Co-facilitator rotation November	10:20
V. Adjournment Next meeting: November 12, 2025	10:30