

Sacramento County Department of Health Services, Behavioral Health Services

Adult Peer Support Committee

Meeting Agenda

Date/Time: May 13, 2026, 9:00 AM – 10:30 AM

Meeting Link: [Join the meeting now](#)

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Meeting ID: 251 865 299 019 7

Passcode: 5ok6hB6W

1. **Welcome and Introductions** 9:00 – 9:15 am
Presenter: Serena Kuharski, Behavioral Health Peer Program Manager

2. **Connection B4 Content** 9:15 – 9:25 am
Presenter: Donald Scherschligt, CMPSS, Turning Point Community Programs ISA
 - Spring into Mindfulness

3. **Topic Discussion** 9:25 – 10:10 am
Presenter: Serena Kuharski, Behavioral Health Peer Program Manager
 - Peer Support – A Peer Support Approach to Connection, Stories, and Self- Directed Growth

4. **Discussion / Reflection** 10:10 – 10:20 am
Presenter: Serena Kuharski, Behavioral Health Peer Program Manager

5. **General Share-out and Resources** 10:20 – 10:30 am
Group Participation

6. **Adjournment** 10:30 am
Presenter: Serena Kuharski, Behavioral Health Peer Program Manager
 - Next meeting: June 10, 2026

Questions? Email us at: BHSPeerCertification@SacCounty.gov