

Sacramento County  
 Department of Health Services, Behavioral Health Services  
**Adult Peer Support Committee**

Meeting Agenda

September 18, 2024, 1:00 PM – 2:30 PM

Meeting ID: 161 120 3300  
 Password: 217009

**Meeting Location**

- Join Zoom Meeting  
[weblink](#)
- Conference Phone  
 (669) 254-5252 or (669) 216-1590

Topic	Presenter	Time
I. Welcome and Introductions <ul style="list-style-type: none"> <li>• Land and Labor Acknowledgement</li> </ul>	Chris Marzan, Chair Tahirah Hudson, Behavioral Health Peer Specialist Program Manager	1:00
II. Group Agreements	Chris Marzan, Chair	1:10
III. Connection B4 Content Feelings check-in before and after the meeting.	Chris Marzan, Chair	1:15
IV. Agenda Review	Tahirah Hudson, Behavioral Health Peer Specialist Program Manager	1:20
V. Group Activity: Ice Breaker Question: What superhero power do you need to make it through the day or week?	Tahirah Hudson, Behavioral Health Peer Specialist Program Manager	1:25
VI. Presentation: Opioid Use and Treatment Options presented by Justen Hedden, Case Manager/SUDCC with Freedom through Education	Chris Marzan, Chair	1:40
VII. Presentation follow-up questions to the Opioid Use and Treatment PowerPoint powerpoint	Tahirah Hudson, Behavioral Health Peer Specialist Program Manager	2:00
VIII. General share-out and updates Resources	Open discussion	2:15
IX. Adjournment / Upcoming Meeting October 16, 2024, 1:00 pm – 2:30 pm	Tahirah Hudson, Behavioral Health Peer Specialist Program Manager	2:30

Interested members of the public are invited to attend Adult Peer Support Committee meetings. If you wish to attend and need to arrange for an interpreter or a reasonable accommodation, please contact Anne-Marie Rucker one week prior to the event at (916) 875-3861 or [ruckera@saccounty.gov](mailto:ruckera@saccounty.gov).