

Sacramento County
Department of Health Services, Behavioral Health Services
Family, Parent, and Caregiver Peer Support Committee

Meeting Agenda

Tuesday April 22, 2025, 9:00 AM – 10:30 AM

Meeting Location

Join Zoom Meeting Conference Phone

[Weblink](#)

Conference Phone

(669) 254-5252 or (669) 216-1590

Meeting ID: 160 440 9932

Passcode: 100053

Topic	Time
Welcome and Introductions	9:00
Connection B4 Content	9:05
Division Updates	9:20
Topic Discussion: Strategies for Managing Stress and Preventing Burnout	9:25
General share-out and updates	10:25
Adjournment / Upcoming Meeting Tuesday, June 24, 2025 9:00 Am – 10:30 AM Virtual	10:30

Interested members of the public are invited to attend Family Parent and Caregiver Peer Support Committee. If you wish to attend and need to arrange for an interpreter or a reasonable accommodation, please contact Anne-Marie Rucker one week prior to the event at (916) 875-3861 or ruckera@saccounty.gov.