

**Sacramento County**  
**Department of Health Services, Behavioral Health Services**  
**Family, Parent, and Caregiver Peer Support Committee**

**Meeting Agenda**

Tuesday August 26, 2025, 9:00 AM – 10:30 AM

**Meeting Location**

Join Zoom Meeting: [Weblink](#)

Conference Phone

(669) 254-5252 or (669) 216-1590

Meeting ID: 160 440 9932

Passcode: 100053

Topic	Presenter	Time
I. Welcome and Introductions	Rexanne Irizarry, <i>Behavioral Health Peer Specialist Program Manager</i>	9:00
II. Connection B4 Content: <ul style="list-style-type: none"><li>In What Ways Have You Filled Your Cup Lately?</li></ul>	Xiomara Seide, Pacific Clinics Team Supervisor & CMPSS	9:05
III. Topic Discussion: <ul style="list-style-type: none"><li>Navigating Special Education: Advocacy and Family Support</li></ul>	Carolyn Smitley, Family Advocate/Help Me Grow Early Learning Dept. SCOE	9:30
IV. Activity: <ul style="list-style-type: none"><li>Advocacy in Action</li></ul>	Group Participation	10:00
V. General share-out and updates: <ul style="list-style-type: none"><li>Peer Conversations</li><li>Co-Facilitator rotation</li></ul>	Group participation	10:25
VI. Adjournment	Rexanne Irizarry, <i>Behavioral Health Peer Specialist Program Manager</i>	10:30