

Sacramento County
Department of Health Services, Behavioral Health Services
Family, Parent, and Caregiver Peer Support Committee

Meeting Agenda

October 14, 2025, 9:00 AM – 10:30 AM

Meeting Location

Microsoft Teams [Need help?](#)

[Join the meeting now](#)

Meeting ID: 285 328 401 019 6

Passcode: Tt9QM6xT

Topic	Presenter	Time
I. Welcome and Introductions	Rexanne Irizarry, <i>Behavioral Health Peer Specialist Program Manager</i>	9:00
II. Connection B4 Content: One Word Check-In	Xiomara Seide, Pacific Clinics Team Supervisor & CMPSS	9:05
III. Topic Discussion: Holding Space: What it Really Means	Rexanne Irizarry, <i>Behavioral Health Peer Specialist Program Manager</i>	9:15
IV. Activity: Story Threads	Group participation	9:30
V. General share-out and updates Co-Facilitator Rotation	Group participation	10:20
VI. Adjournment	Rexanne Irizarry, <i>Behavioral Health Peer Specialist Program Manager</i>	10:30