

Calling All Family, Parent, and Caregiver Peer Support Specialists

In 2024, the Behavioral Health Peer Support Specialist Program Managers established the Family, Parent, and Caregiver Peer Support Committee to facilitate the co-production of community forums with Peer Support Specialists within Sacramento County's Behavioral Health Services Community-Based Programs.

This committee provides a dedicated space for individuals with unique lived experiences to share, grow, and learn from one another. Each session focuses on a specific topic, fostering open forums for discussing new and emerging areas of interest.

Additionally, Medi-Cal Peer Support Specialists participating in these forums will earn 1.5 continuing education hours towards their Medi-Cal Peer Specialist Certification renewal requirements.

JOIN US AND BE A PART OF SOMETHING SPECIAL!



We warmly invite you to become a valued member of our **Family, Parent, and Caregiver Peer Support Committee**. Here, you'll find a welcoming space to share your unique experiences, grow together, and learn from one another. Each session delves into meaningful topics, providing an open forum for discussion and discovery.



By participating, not only will you contribute to our vibrant community, but Medi-Cal Peer Support Specialists will also earn 1.5 continuing education hours towards certification renewal. Become a part of our supportive network, where every voice matters. Together, we can make a difference!

Meeting Details

Zoom meeting link:

<https://www.zoomgov.com/j/1604409932?pwd=tPLf5oaMYcPQ8bmfLF5WlGu01zYGpd.1>

Meeting ID: 160 440 9932

Passcode: 100053



WE LOOK FORWARD TO SEEING YOU AT OUR NEXT MEETING!

Join us the 4th Tuesday bi-monthly
9:00am-10:30am

- February 25, 2025
- April 22, 2025
- June 24, 2025
- August 26, 2025
- October 28, 2025

Benefits of attending the Family, Parent, and Caregiver Peer Support Committee sessions:

- » **Tailored Support:** Access resources and support specifically designed for families, parents, and caregivers navigating mental health challenges.
- » **Empowerment and Advocacy:** Gain valuable tools and knowledge to advocate effectively for yourself and your loved ones within the community and healthcare system.
- » **Networking Opportunities:** Connect with other families, parents, and caregivers who share similar experiences, creating a strong network of support and camaraderie.
- » **Professional Development:** Earn 1.5 continuing education hours towards your Medi-Cal Peer Specialist Certification renewal for each meeting attended, enhancing your professional credentials.

