

Sacramento County
Department of Health Services, Behavioral Health Services
Family, Parent, and Caregiver Peer Support Committee

Meeting Agenda

Tuesday January 27, 2026, 9:00 AM – 10:30 AM

Meeting Location

Microsoft Teams [Need help?](#)

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Meeting ID: 225 626 159 487 0

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United States, Sacramento

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Agenda	
I.	Welcome and Introductions
II.	Connection B4 Content: • Grounding Moment
III.	Topic Discussion: • <i>Reflections & Resilience: Lesson from 2026</i>
IV.	Updates & Share-Outs
V.	Adjournment • Next meeting Tuesday February 24, 2026 9:00 AM – 10:30 AM