

Sacramento County
Department of Health Services, Behavioral Health Services
Family Advocate Committee (FAC)

Meeting Agenda

February 16, 2024, 11:00 AM – 12:30 PM

Meeting Location

- Join Zoom Meeting
[weblink](#)
- Conference Phone
 (669) 254-5252 or (669) 216-1590
 Meeting ID: 160 083 0718
 Password: 399866

Topic	Presenter	Time
I. Welcome and Introductions	Group participation	11:00
II. Land and Labor Acknowledgement	Rexanne Irizarry, Behavioral Peer Specialist Program Manager	11:05
III. Group Agreements	Rexanne Irizarry, Behavioral Peer Specialist Program Manager	11:10
IV. Connection B4 Content <ul style="list-style-type: none"> • Video: Managing Anxious Thoughts and Stress with Mindfulness 	Rexanne Irizarry, Behavioral Peer Specialist Program Manager	11:15
V. Peer Updates <ul style="list-style-type: none"> • Activity: Please provide a brief overview of yourself 	Group participation	11:20
Leadership Role Discussion <ul style="list-style-type: none"> • Role descriptions • Open discussion/questions • Assign roles 	Group participation	11:40
VI. General share-out and updates <ul style="list-style-type: none"> • Resources 	Open discussion	12:15
VII. Adjournment / Upcoming Meeting <ul style="list-style-type: none"> • Meeting Evaluation • March 15, 2024 11:00am – 12:30pm 	Janel Reyes, ASO I	12:30

Interested members of the public are invited to attend Family Advocate Committee (FAC) meetings. If you wish to attend and need to arrange for an interpreter or a reasonable accommodation, please contact Anne-Marie Rucker one week prior to the event at (916) 875-3861 or ruckera@saccounty.gov.

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