

# Meet OUR TEAM



**Rexanne Irizarry**

**Behavioral Health Peer Specialist  
Program Manager**

**Liaison to Family, Parent, and  
Caregiver Peer Support Committee**



**Eva De La Cruz**

**Behavioral Health Peer Specialist  
Program Manager**

**Liaison to Youth Peer Support  
Committee**



**Serena Kuharski**

**Behavioral Health Peer Specialist  
Program Manager**

**Liaison to Adult Peer Support  
Committee**



Medi-Cal Peer Support Specialists

Medi-Cal Peer Certification Process



[BHSPeerCertification@saccounty.gov](mailto:BHSPeerCertification@saccounty.gov)



## REXANNE IRIZARRY, CMPSS

Behavioral Health Peer Specialist Program Manager



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Rexanne Irizarry, CMPSS (she/her), is a dedicated Certified Medi-Cal Peer Support Specialist (MPSS-QKCNJV) with certifications in Wellness Recovery Action Planning and Mind Matters Facilitation. Drawing upon her own lived experience as a client, family member, parent, and caregiver of individuals facing mental health and substance use challenges, Rexanne brings deep empathy and an unwavering commitment to ensuring that every person receives the dignity, respect, and care they deserve.

Her professional journey began as a Crisis Intervention Specialist for the North Sacramento Family Resource Center, operated by Sacramento Children's Home. In this pivotal role, she empowered families by connecting them with essential services to strengthen their homes and transform their lives. Today, Rexanne serves as a Behavioral Health Peer Specialist Program Manager with Sacramento County's Behavioral Health Services (BHS), where she provides vital support, training, and technical assistance to enhance behavioral health peer programs.

A proud Sacramento native, Rexanne is not only a wife, mother of five, and grandmother of three—soon to be five! but also a steadfast advocate for breaking generational cycles of trauma. Inspired by her own experiences, she works tirelessly to create a brighter, healthier future for both her family and the community she holds close to her heart.

## EVA DE LA CRUZ, CMPSS

Behavioral Health Peer Specialist Program Manager



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Eva De La Cruz, CMPSS (she/her/ella), is a Certified Medi-Cal Peer Support Specialist (MPSS-BHRDCI) and serves as the Behavioral Health Peer Specialist Program Manager for Sacramento County Behavioral Health Services. She has over 20 years of experience in the behavioral health field, with a strong foundation in Case Management and Clinical Operations within Federally Qualified Health Centers (FQHCs).

Eva began her journey with Sacramento County in the Crisis Wellness Response Team (CWRT), where she served as a Senior Peer Specialist, providing support during crisis calls for individuals experiencing mental health challenges. Guided by her own lived experience with anxiety, panic attacks, and supporting family members through addiction, Eva is a passionate advocate for mental health awareness. She is dedicated to breaking down barriers, reducing stigma and health disparities, strengthening community relationships, and—above all—instilling hope.

In addition to her leadership role, Eva is a Certified Wellness Recovery Action Plan (WRAP) Facilitator, empowering individuals to create personalized wellness strategies that promote resilience, self-determination, and recovery.

Originally from Southern California, Eva has made Sacramento her home for the past 20 years. She is a proud wife and mother of two young adult sons. Outside of work, Eva enjoys volunteering with the Latino Cultural Center, where she helps coordinate community-building events. She also prioritizes self-care by taking long walks with her two dogs and spending time in her garden.

## SERENA KUHARSKI, CADCI II

Behavioral Health Peer Specialist Program Manager



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Serena Kuharski CADCI (she/her) is a dedicated Certified Alcohol and Drug Counselor with over 20 years of experience in behavioral health and nearly a decade in leadership roles. With lived experience as a client, family member, and caregiver of individuals with mental health conditions and substance use challenges, she brings both professional expertise and deep personal understanding to her work.

Currently serving as the Behavioral Health Peer Specialist Program Manager with Sacramento County Behavioral Health Services Division, Serena is passionate about empowering individuals in recovery through hope, empathy, and compassionate support. She strongly believes in the essential role peers play in both clinical and community-based recovery settings.

A committed advocate for underserved populations, Serena strives to create meaningful change in her community. Beyond her work, she enjoys spending time with family, traveling, dancing, laughing and caring for her cat. Her recovery journey, once a vision, has become a reality—one she nurtures through personal growth, connection, and purpose. Serena continues to model resilience and transformation, inspiring others to embrace healing and recovery.