

**Sacramento County**  
**Division of Behavioral Health Services**  
**Youth Peer Support Committee**  
**Meeting Agenda**

**Meeting date:**

March 12, 2026 9:00AM - 10:30AM

**Meeting Location: Hybrid**

**7001 A East Parkway, Sacramento, CA**  
**Conference room 1**

**Microsoft Teams [Need help?](#)**

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Meeting ID: 225 626 159 487 0

Passcode: aQ6UT9nt

<b>Topic</b>	<b>Presenter</b>	<b>Time</b>
<b>I. Welcome and introductions</b>	Eva De La Cruz, <i>Behavioral Health Peer Support Specialist Program Manager</i>	9:00
<b>II. Connection Before Content</b> <ul style="list-style-type: none"> <li>• Just Breathe Meditation</li> </ul>	Eva De La Cruz, <i>Behavioral Health Peer Support Specialist Program Manager</i>	9:05
<b>III. Topic Discussion</b> <ul style="list-style-type: none"> <li>• Peer Lived Experience Reflection</li> <li>• Building Trust Through Lived Experience</li> </ul>	<i>Co -Facilitators</i> Faye Mayer Chris Garcia	9:15
<b>IV. General Shout out and Updates</b>	Roundtable	10:00
<b>V. Adjournment</b>	Upcoming meeting April 9 <sup>th</sup>	10:30