

Sacramento County
Department of Health Services, Behavioral Health Services
Youth Peer Support Committee

Meeting Agenda

Meeting date:

Thursday April 9, 2026, 9:00 AM - 10:30 AM

Meeting Location:

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Meeting ID: 225 626 159 487 0

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Phone conference ID: 236 488 891#

Agenda Items

- | | | |
|-------------|--|-----------------|
| I. | Welcome and introductions | 9:00 AM |
| | <i>Presenter: Eva De La Cruz, Behavioral Health Peer Support Specialist Program Manager</i> | |
| II. | Connection Before Content | 9:05 AM |
| | <i>Presenter: Eva De La Cruz, Behavioral Health Peer Support Specialist Program Manager</i> | |
| | <ul style="list-style-type: none">• “Spring into Stress Awareness” | |
| III. | Topic Discussion | 9:15 AM |
| | <i>Presenter: Steve Young, LCSW – Coordinator, School Based Mental Health</i> | |
| | <ul style="list-style-type: none">• Sacramento County Office of Education (SCOE) | |
| IV. | General Shout out and Updates | 10:00 AM |
| | <i>Roundtable</i> | |
| V. | Adjournment | 10:30 AM |
| | <ul style="list-style-type: none">• Upcoming meeting May 14, 2026 | |