

Sacramento County
Department of Health Services, Behavioral Health Services
Youth Peer Support Committee

Meeting Agenda

Meeting date:

Thursday May 14, 2026, 9:00 AM - 10:30 AM

Meeting Location:

Microsoft Teams [Need help?](#)

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Meeting ID: 225 626 159 487 0

Passcode: aQ6UT9nt

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|-------------|---|-----------------|
| I. | Welcome and introductions | 9:00 AM |
| | <i>Presenter: Eva De La Cruz, Behavioral Health Peer Specialist Program Manager</i> | |
| II. | Connection B4 Content | 9:15 AM |
| | <i>Presenter: Eva De La Cruz, Behavioral Health Peer Specialist Program Manager</i> | |
| | <ul style="list-style-type: none">• Mental Health Wellness Check in -Activity | |
| III. | Topic Discussion | 9: 30AM |
| | <i>Presenter: Chris Garcia -Peer Support Specialist / Eva De La Cruz</i> | |
| | <ul style="list-style-type: none">• Peer Support: Building Safe and Respectful Boundaries | |
| IV. | Announcements, and Updates | 10:15 AM |
| | <i>Roundtable</i> | |
| V. | Adjournment | 10:30 AM |
| | <i>Presenter: Eva De La Cruz, Behavioral Health Peer Specialist Program Manager</i> | |
| | <ul style="list-style-type: none">• Next meeting: Tuesday, June 11, 2026 | |