

# Mobile Crisis Support Team

The Mobile Crisis Support Team is a collaboration between Behavioral Health and Sacramento County Law Enforcement. This team responds together to emergency calls for service to support individuals experiencing a mental health crisis by providing safe, relevant, and effective intervention including link to needed resources and support services.



If you are experiencing an immediate crisis requiring law enforcement support, call 911 or your local non-emergency Law Enforcement line.

*This program is funded by Behavioral Health Services through the voter approved Proposition 63, Mental Health Services Act (MHSA) and the SB 82 Mental Health Wellness Grant*

*Bilingual/bicultural staff and interpreters available at no cost.*

## Department of Health Services Behavioral Health Services

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Health Care  
& Police

### Board of Supervisors

Phil Serna - 1st District  
Patrick Kennedy - 2nd District  
Rich Desmond - 3rd District  
Sue Frost - 4th District  
Pat Hume - 5th District



## Behavioral Health Services

*In partnership with*

*Citrus Heights - Elk Grove -  
Folsom - Galt - Los Rios &  
Rancho Cordova Police  
Departments,  
Sacramento County Sheriff  
Department*

*&*

*Contracted Peer Provider Follow Up*



# Mobile Crisis Support Team

## Dispatch Hours of Operation

M – F, 9am–7pm  
*(Days vary depending on LEA)*

## Follow-Up Hours of Operation:

M – F, 8am – 5pm

## Mission Statement

*The Mobile Crisis Support Team serves individuals of all ages and diversity in Sacramento County by providing response to 911 emergency calls for immediate clinical assessment and crisis intervention to individuals experiencing a mental health crisis.*



## **Mobile Crisis Support Teams are committed to:**

- ❖ Providing safe, compassionate, and effective responses to individuals experiencing a mental health crisis
- ❖ Increasing public safety
- ❖ Decreasing unnecessary hospitalizations for community members experiencing a mental health crisis
- ❖ Decreasing unnecessary incarcerations for community members experiencing a mental health crisis
- ❖ Increasing consumer participation with mental health services by problem solving barriers and increasing knowledge of local resources

For questions about the Mobile Crisis Support Team Program: (916) 874 -6057.

**This number is not a referral line.**



## **Mobile Crisis Support Teams include:**

- A Crisis Intervention Trained (CIT) Police Officer or Sheriff's Deputy
- A Sacramento County Division of Behavioral Health licensed Senior Mental Health Counselor
- A Sacramento County contracted Peer Specialist



## **How does Mobile Crisis Support Team (MCST) help?**

- ✚ A MCST Licensed Mental Health Counselor and a law enforcement Officer (CIT unit) provides immediate co-response to emergency calls involving a mental health crisis.
- ✚ MCST co-response engages the expertise of both law enforcement and behavioral health increasing diversion from unnecessary incarceration or hospitalization.
- ✚ Post mitigation of the immediate crisis, MCST utilizes Peer Specialists with lived experience and community resource expertise to provide follow-up engagement and navigation to ongoing mental health services.

**If this is an emergency call 911 and notify dispatch of the Mental Health crisis details to support MCST service engagement.**



*Please note, there may be times MCST units are not available, and patrol will respond to the request for support.*

## Community Resources



### 988 - Suicide and Crisis Lifeline

#### **National Suicide Prevention Line**

1-800-273-TALK (8255)  
1-800-SUICIDE

#### **Consumer Operated Warm Lines**

Consumer Operated (916) 366-4668  
National Warm Line (855) 642-6222

#### **211 Sacramento**

(916) 498-1000 or 211

#### **Community Support Team**

(916) 874-6015

**California Relay Service: 711**