

Funded by the Sacramento County Division of Behavioral Health Services through the voter-approved Proposition 63, Mental Health Services Act (MHSA)



## **CORE** COMMUNITY, OUTREACH, RECOVERY, EMPOWERMENT

### **WHAT WE DO:**

- Outpatient Mental Health Services for Adults 18+; ICC/IHBS Services for TAY Youth (18-21)
- Psychiatric Medication Management & Nursing Support
- Case Management, Short-term Therapy, Skill-building & practice
- Enhanced Care Management (ECM)
- Group Wellness Sessions
- Supportive Employment & Benefits Acquisition; SOAR (SSI/SSDI, Outreach, Access, and Recovery); IPS Model
- Housing Support & Placement

## **SERVICE HOURS:**

Monday-Friday: 8:00AM-4:00PM

## **SITE WALK-IN HOURS**

Tuesdays 9:00AM -11:00AM  
Thursdays 12:00PM-2:00PM

## **SITE ADDRESS AND CONTACT INFO:**

7171 Bowling Drive, Suite 300  
Sacramento, CA 95823  
Phone/Fax: 916-270-6994

## **WEBSITE LINK:**

[Wellness Hubs - Bay Area Community Services \(BACS\) \(bayareacs.org\)](http://Wellness Hubs - Bay Area Community Services (BACS) (bayareacs.org))

[www.bayareacs.org](http://www.bayareacs.org)

