

Funded by the Sacramento County Division of Behavioral Health Services through the voter-approved Proposition 63, Mental Health Services Act (MHSA)



## **CORE** COMMUNITY, OUTREACH, RECOVERY, EMPOWERMENT

### **WHAT WE DO:**

- Outpatient Mental Health Services for Adults 18+
- Strengths Model, SOAR (SSI/SSDI Outreach, Access, and Recovery)
- List additional Evidence Based Practices, Promising Practices, and Community Defined Practices here
- Short-term Therapy
- Coping skills building
- Medication support
- Case management
- Support out of homelessness/at risk of

## **SERVICE HOURS:**

Monday-Friday: 8:00AM-4:00PM

## **SITE WALK-IN HOURS**

Wednesday: 9:00AM-11:00AM

Friday: 1:00PM-3:00PM

## **SITE ADDRESS AND**

## **CONTACT INFO:**

9333 Tech Center Drive, Suite 100  
Sacramento, CA 95826  
Phone: 916-379-7964

## **WEBSITE LINK:**

<https://www.bayareacs.org/wellness-hubs/>

