



Funded by the Sacramento County Division of Behavioral Health Services through the voter approved Proposition 63, Mental Health Services Act (MHSA).

FIT

FLEXIBLE INTEGRATED TREATMENT

WHAT WE DO:

- Outpatient Mental Health Services for youth under 21 years old
- Trauma-Focused Cognitive Behavioral Therapy
- Aggression Replacement Therapy
- Short-term therapy
- Coping skills building
- Medication support
- Case management
- Support out of homelessness/at risk of
- School Based Services

SERVICE HOURS:

Monday - Friday
9am - 5pm

Services are for MediCal members who meet criteria for Specialty Mental Health Services.

SITE WALK-IN HOURS:

Tuesdays and Thursdays
10am - 4pm

SITE ADDRESS AND CONTACT INFO:

South FIT Clinic

6833 Stockton Blvd., Suite 485
Sacramento, CA 95823
916-942-9144

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WEBSITE LINK:

www.DoingWhateverItTakes.org



Use the QR code to be directed to our website