



Funded by the Sacramento County Division of Behavioral Health Services through the voter-approved Proposition 63, Mental Health Services Act (MHSA)

FIT

FLEXIBLE INTEGRATED TREATMENT

WHAT WE DO:

- Outpatient Mental Health Services for youth under 21 years old
- Trauma- Focused Cognitive Behavioral Therapy
- Aggression Replacement Therapy
- Short-term therapy
- Coping skills building
- Medication support
- Case management
- Support out of homelessness/at risk of
- School Based Services

SERVICE HOURS:

Monday- Friday
9am-5pm

Services are for MediCal members who meet criteria for Specialty Mental Health Services.

SITE WALK-IN HOURS:

Tuesday and Thursday
10am-5pm

Request services by phone 5pm-6pm
916-418-0828

SITE ADDRESS AND CONTACT INFO:

Watt Avenue Clinic

2829 Watt Avenue, Suite 200

Sacramento, CA 95821

(916) 418-0828

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WEBSITE LINK:

www.doingwhateverittakes.org

Use the QR code to be directed to our website.

