

CORE X Street

COMMUNITY, OUTREACH, RECOVERY, EMPOWERMENT

WHAT WE DO:

- Outpatient mental health services for adults 18+
- Community Wellness Center with Peer Support
- Strengths model
- SOAR (SSI/SSDI Outreach, Access & Recovery) benefits assistance
- Motivational Interviewing and Seeking Safety groups
- Short-term therapy
- Coping skills building
- Medication support
- Case management
- Support out of homelessness/at risk of
- On-site showers & laundry machines

CORE SERVICE HOURS:

Monday - Friday (excluding holidays)
8:00am - 5:00pm

CORE WALK-IN HOURS:

Wednesday 1:00pm - 3:00pm

WELLNESS CENTER HOURS:

Monday - Friday (excluding holidays)
8:00am - 5:00pm

SHOWER HOURS:

M & F 8:30am

LAUNDRY HOURS:

M, W, F 10:00am

ADDRESS & CONTACT INFO:

1400 X Street, Sacramento, CA 95818
Phone: (916) 738-7400
Fax: (916) 738-7426

WEBSITE:

www.hopecoop.org



SCAN ME

