



River Oak
Center for Children

SACRAMENTO
COUNTY

River Oak North Laurel Hills

Funded by the Sacramento County Division of Behavioral Health Services through the voter-approved Proposition 63, Mental Health Services Act (MHSA)

FIT

FLEXIBLE INTEGRATED TREATMENT WHAT WE DO:

- Outpatient Mental Health Services for youth under 21 years old
- The Incredible Years, Motivational Interviewing, Transition to Independence Process, Dialectical Behavior Therapy, Trauma-Focused CBT, Coping Cat, PC-Care, PCIT and Aggression Replacement Training
- Short-term therapy
- Coping skills building
- Medication support
- Case management
- Support out of homelessness/at risk of



SERVICE HOURS:

Monday to Thursday 8:00 AM to 6:00 PM
Friday 8:00 AM to 5:00 PM

Services are for MediCal members who meet criteria for Specialty Mental Health Services.

SITE WALK-IN HOURS

Subject to change

Telehealth: Tuesdays 3:30PM to 5:30PM

In Office:

Wednesdays 12:00PM to 2:00PM

Thursdays 1:00PM to 3:00PM

Fridays 9:00AM to 11:00AM



WEBSITE LINK:

www.riveroak.org

SITE ADDRESS AND CONTACT INFO:

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Sacramento, CA 95841

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