

Funded by the Sacramento County Division of Behavioral Health Services through the voter-approved Proposition 63, Mental Health Services Act (MHSA)

## SCH COUNSELING CENTER (FIT)

### WHAT WE DO:

- Outpatient Mental Health Services for youth under 21 years old
- TFCBT, PCIT, PC-CARE
- Short-term therapy
- Coping skills building
- Medication support
- Case management
- Support out of housing instability or at risk of housing instability

### SERVICE HOURS:

- Monday 9:00 AM-5:00 PM
- Tuesday 9:00 AM-5:00 PM
- Wednesday 9:00 AM-5:00 PM
- Thursday 9:00 AM-5:00 PM
- Friday 9:00 AM-5:00 PM

\*Services are for MediCal members who meet criteria for Specialty Mental Health Services

## SITE WALK-IN HOURS

Monday 9:00 AM-2:00 PM  
Friday 9:00 AM-2:00 PM

## SITE ADDRESS AND CONTACT INFO:

2750 Sutterville Rd. Sacramento, CA 95820 (Cottages 2 and 4)

EMAIL: SCHCounselingCenterFIT@kidshome.org

PHONE: (916) 492-7240

FAX: (916) 456-4636

## WEBSITE LINK:

<https://www.kidshome.org>

