

Funded by the Sacramento County Division of Behavioral Health Services through the voter-approved Proposition 63, Mental Health Services Act (MHSA)

## SCH COUNSELING CENTER (FIT)

### WHAT WE DO:

- Outpatient Mental Health Services for youth under 21 years old
- TFCBT, PCIT, PC-CARE
- Short-term therapy
- Coping skills building
- Medication support
- Case management
- Support out of housing instability or at risk of housing instability

### SERVICE HOURS:

- Monday 9:00 AM-5:00 PM
- Tuesday 9:00 AM-5:30 PM
- Wednesday 9:00 AM-5:00 PM
- Thursday 9:00 AM-5:00 PM
- Friday 9:00 AM-5:00 PM

\*Services are for MediCal members who meet criteria for Specialty Mental Health Services

## SITE WALK-IN HOURS

Monday 3:00 PM-5:00 PM  
Tuesday 3:00 PM-5:30 PM  
Thursday 3:00 PM-5:00 PM

## SITE ADDRESS AND CONTACT INFO:

2750 Sutterville Rd. Sacramento, CA 95820 (Cottages 2 and 4)  
EMAIL: SCHCounselingCenterFIT@kidshome.org  
PHONE: (916) 492-7240  
FAX: (916) 456-4636



## WEBSITE LINK:

<https://www.kidshome.org>