



Community Support Team **CST**

Referral Line: (916) 874-6015

Fax: (916) 854-8939

California Relay Service: 711

Hours of Operation

Monday-Friday: 8:00 a.m. - 5:00 p.m.

*Hours are subject to change based on
community needs*



*This program is funded by the Division of Behavioral
Health Services through the voter approved Proposition
63, Mental Health Services Act (MHSA).*

Crisis Resources

**988 Suicide and Crisis
Lifeline/Community
Wellness Response Team
(CWRT)**

Call **988**



**County of Sacramento
Department of Health Services
Behavioral Health Services**

David Villanueva
County Executive

Timothy Lutz, Director
Department of Health Services

Ryan Quist, Ph.D.
Behavioral Health Services, Director

Kelli Weaver
*Behavioral Health Services, Deputy
Director*



Board of Supervisors

Phil Serna - *1st District*

Patrick Kennedy - *2nd District*

Rich Desmond - *3rd District*

Rosario Rodriguez - *4th District*

Pat Hume - *5th District*



Who is the Community Support Team?

The program includes:

- ❖ Peer Support Specialists who have lived experience and use their life stories to give hope and support.
- ❖ Mental Health Counselors with clinical experience across all ages who are able to assess and assist with appropriate referrals to Behavioral Health Services

Brochures are available in 8 threshold languages:

English	Hmong
Arabic	Russian
Cantonese	Spanish
Farsi	Vietnamese

Bilingual/Bicultural staff and interpreters are available at no cost.

How does the Community Support Team help people?

- ❖ Responds to requests for assistance for individuals, families, or the community
- ❖ Provides support in the community (e.g., home, library, park, etc.).
- ❖ Supports individuals with navigating systems and connects them with Behavioral Health Services
- ❖ Builds upon individual, family and community strengths, skills and natural supports.
- ❖ Prevents/reduces risks or stressors by building protective factors and skills.
- ❖ Provides early intervention to reduce or avoid the need for crisis services.
- ❖ Increases active connection with self-identified support.
- ❖ Encourages key individuals, family members and/or natural supports to improve their health and wellness

Community Resources
Sacramento County Info Line
(916) 498-1000 or 211

Consumer Operated Warm Line
(916) 366-4668

National Warm Line
(855) 642-6222

24/7 Mental Health Urgent Care Clinic
2130 Stockton Blvd, Bldg. 300
Sacramento, CA 95817
(916) 520-2460

SACRAMENTO
COUNTY



Behavioral Health Services
Resources

Mission Statement

The Community Support Team serves individuals of all ages and diversity in the community with interventions, education, navigation, resources, and connection to services. The goal is to provide services in a culturally and linguistically competent manner to promote recovery, resiliency, well-being, and reduce the risk of suicide.