



Community Support Team **CST**

Referral Line: (916) 874-6015

Fax: (916) 854-8939

California Relay Service: 711

Hours of Operation

Monday-Friday: 8:00 a.m. - 5:00 p.m.

*Hours are subject to change based on
community needs*



*This program is funded by the Division of Behavioral
Health Services through the voter approved Proposition
63, Mental Health Services Act (MHSA).*

Crisis Resources

**988 Suicide and Crisis
Lifeline/Community
Wellness Response Team
(CWRT)**

Call **988**



**County of Sacramento
Department of Health Services
Behavioral Health Services**

David Villanueva
County Executive

Timothy Lutz, Director
Department of Health Services

Ryan Quist, Ph.D.
Behavioral Health Services, Director

Kelli Weaver
*Behavioral Health Services, Deputy
Director*



Board of Supervisors

Phil Serna - *1st District*

Patrick Kennedy - *2nd District*

Rich Desmond - *3rd District*

Rosario Rodriguez - *4th District*

Pat Hume - *5th District*



Pab Pawg Txhawb Nqa Zej Tsoom Yog Leej Twg?

Qhov kev pab cuam koom muaj:

- ❖ Pab Phooj Ywj Tshaj Lij uas muaj kev paub thiab muab lawv lub neej tiag los muab kev cia siab thiab txhawb nqa.
- ❖ Cov Kws Pab Tswv Yim Kev Xyuaj Siab uas muaj kev paub txog kev kho mob ntawm tus neeg muaj ntau lub hnuv nyoog uas muaj peev xwm ntsuam xyuas thiab pab ua kev xa mus rau Behavioral Health Services yam tsim nyog

Phau ntawv muaj ua 8 hom lus:

Lus As Kiv	Lus Hmoob
Arabic	Russian
Lus Suav	Lus Mev
Farsi	Lus Nyab Laj

Tus neeg ua hauj lwm/Tus txhais lus ob hom lus pab dawb tsis tau them nqi.

Pab Pawg Txhawb Nqa Zej Tsoom Pab Tib Neeg li Cas?

- ❖ Pab rau kev thov kev pab ntawm qee leej neeg, tsev neeg, los sis zej zog
- ❖ Muab kev txhawb nqa hauv zej zog (xws li, vaj tsev, tsev nyeem ntawv, chaw ua si, thiab lwm yam).
- ❖ Txhawb nqa cov tib neeg thiab koj qhia tus txheej txheem thiab txuas lawv rau Behavioral Health Services
- ❖ Tsim kev ruaj khov, kev paub thiab pab txhawb rau cov neeg, tsev neeg thiab zej zog
- ❖ Tiv thaiv/txo cov kev phom sij los sis kev ntxhov siab los ntawm kev tsim cov txheej txheem tiv thaiv thiab kev paub.
- ❖ Muab kev tiv thaiv thaum ntxov los txo daws los sis zam tej kev xav tau kev pab cuam thaum muaj kev kub ntxhov.
- ❖ Ua kom muaj kev sib txuas nrog kev txhawb nqa tus kheej.
- ❖ Txhawb nqa cov tib neeg tseem ceeb, cov neeg hauv tsev neeg thiab/los sis kev txhawb nqa li ib txwm uas yog kho txoj kev noj qab haus huv thiab kev nyab xeeb ntawm lawv tus kheej nyab xeeb ntawm lawv tus kheej

Cov Peev Txheej Hauv Zej Tsoom

Sacramento County Info Line

(916) 498-1000 or 211

Consumer Operated Warm Line

(916) 366-4668

National Warm Line

(855) 642-6222

24/7 Mental Health Urgent Care Clinic

2130 Stockton Blvd, Bldg. 300
Sacramento, CA 95817

(916) 520-2460

SACRAMENTO COUNTY



Behavioral Health Services
Resources

Tsab Ntawv Qhia Lub Hom Phiaj

Pab Pawg Txhawb Nqa Zej Tsoom ua hauj lwm pab rau cov tib neeg txhua lub hnuv nyoog thiab txhua haiv neeg hauv zej zog uas los muaj feem cuam tshuam, kev kawm, kev taw qhia, cov chaw pab muab kev pab cuam, thiab kev sib txuas rau cov kev pab cuam. Lub hom phiaj yog los muab cov kev pab cuam raws li kev koj noj ua thiab tej yam ntxwv uas muaj peev xwm fab lus hais los txhawb kev rov qab los zoo li qub, kev ua hauj lwm zoo, kev noj qab haus huv, thiab txo tej kev phom sij txog ntawm kev tua tus kheej.