



## Mobile Crisis Support Team

The Mobile Crisis Support Team responds to emergency calls through local law enforcement dispatch.

If you are experiencing an immediate crisis, call 911 or your local non-emergency Law Enforcement line.

*This program is funded by the Division of Behavioral Health Services through the voter approved Proposition 63, Mental Health Services Act (MHSA) and the SB 82 Mental Health Wellness Grant*

Bilingual/bicultural staff and interpreters are available at no cost.

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Division of Behavioral Health Services

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### Board of Supervisors

Phil Serna - 1st District  
Patrick Kennedy - 2nd District  
Rich Desmond - 3rd District  
Sue Frost - 4th District  
Don Nottoli - 5th District



## Division of Behavioral Health Services

*In partnership with*

*Citrus Heights Police Department  
Elk Grove Police Department  
Folsom Police Department  
Galt Police Department  
Los Rios Police Department  
Rancho Cordova Police Department  
Sacramento County Sheriff  
Department  
&  
Contracted Peer Provider*

## Mobile Crisis Support Team

### Dispatch Hours of Operation

**M – F, 9am–7pm**

*(Days vary depending on LEA)*

### Follow-Up Hours of Operation:

**M – F, 8am – 5pm**

The Mobile Crisis Support Team is a collaboration between Behavioral Health and Law Enforcement to respond together to emergency calls for individuals experiencing a mental health crisis.

Mobile Crisis Support Teams are assigned to throughout Sacramento County:

- ❖ Citrus Heights Police Department
- ❖ Elk Grove Police Department
- ❖ Folsom Police Department
- ❖ Galt Police Department
- ❖ Los Rios Police Department
- ❖ Rancho Cordova Police Department
- ❖ Sacramento Sheriff Department - North 1
- ❖ Sacramento Sheriff Department - North 2
- ❖ Sacramento Sheriff Department- South

Mobile Crisis Support Teams include:

- ❖ A Police Officer or Sheriff's Deputy trained in Crisis Intervention Training (CIT)
- ❖ A Sacramento County Division of Behavioral Health licensed Senior Mental Health Counselor
- ❖ A Sacramento County contracted Peer Specialist

### Mission Statement

***The Mobile Crisis Support Team serves individuals of all ages and diversity in Sacramento County by providing a first response to emergency calls for timely crisis assessment and intervention to individuals experiencing a mental health crisis.***

### **How does Mobile Crisis Support Team (MCST) help?**

- ❖ An MCST Licensed Mental Health Counselor and law enforcement Officer/Deputy partner to provide a ride-a-long, first response model to emergency calls involving a mental health crisis.
- ❖ The MCST response to emergency calls involving a mental health crisis allows utilization of skills and expertise from both law enforcement and behavioral health to increase diversion of individuals from unnecessary incarceration or hospitalization.
- ❖ Post mitigation of the immediate crisis, MCST utilizes Peer Specialists with lived experience and community resource expertise to provide follow-up engagement and navigation to ongoing mental health services.

### **Mobile Crisis Support Teams are committed to:**

- ❖ Providing safe, compassionate and effective responses to individuals with a mental illness
- ❖ Increasing public safety
- ❖ Decreasing unnecessary hospitalizations for community members experiencing a mental health crisis
- ❖ Decreasing unnecessary incarcerations for community members experiencing a mental health crisis
- ❖ Increasing consumer participation with mental health services by problem solving barriers and increasing knowledge of local resources

For questions about the Mobile Crisis Support Team Program: (916) 874 -6057. This is not a referral line. If this is an emergency, call 911.



### Community Resources

#### **National Suicide Prevention Line**

1-800-273-TALK (8255)  
1-800-SUICIDE

#### **Consumer Operated Warm Lines**

Consumer Operated (916) 366-4668  
National Warm Line (855) 642-6222

#### **211 Sacramento**

(916) 498-1000 or 211

#### **Community Support Team**

(916) 874-6015

#### **California Relay Service: 711**