

CEUs
Available!

Compassion Fatigue Training

Please refer to Sacramento County BHS Website

2023 SUPT or MH Training Calendar for training dates and times.

Training provided via Zoom, to register or for more information about this training or other QM trainings email: QMTraining@saccounty.gov

Behavioral Health Professionals YOU are important!



We are inviting ALL Behavioral Health Professionals--Staff providing direct services, clinical staff, and supervisors at county operated and contracted providers.

Course Objectives

- Learn how the demands of the behavioral health workforce contribute to Compassion Fatigue (aka “burnout”).
- Define Compassion Fatigue and other related conditions.
- Recognize the signs and risk factors for Compassion Fatigue.
- Identify legal and ethical issues related to Compassion Fatigue in the behavioral health workforce.
- Learn how workplace environments can help prevent Compassion Fatigue—what you can do to help.
- Learn practical ways to engage in self-care and incorporate a self-care plan.

Course Schedule:

8:45a-9:00a	Check-in & Welcome,
9:00a-10:30a	Training Begins Course Instruction
10:30a-10:45a	Break
10:45a-12:00p	Course Instruction
12:00p-1:00p	Lunch
1:00p-2:45p	Course Instruction
2:45p-3:00p	Break
3:00p-3:30p	Course Instruction/ Evaluation

Course Description

This course will examine the impact of Compassion Fatigue on the behavioral health workforce. This course reviews definitions and conditions relating to Compassion Fatigue and how to identify the signs and risk factors of burnout. It will reference best practices and ethical guidelines to help reduce the impact of Compassion Fatigue on behavioral health professionals. The course includes discussion of practical self-care strategies and the development of a self-care plan for behavioral health professionals.

See back side for Registration, Continuing Education Credit, and Contact Information



FREE CEs!

No partial credit-- You must attend the entire course to receive a certificate/CE credit.

- Course meets the qualifications for 4.5 hours of Continuing Education Credit for MFTs/LCSWs/LPCC's and for CADC's (Certified Alcohol Drug Counselors) for Registered and Certified Counselors for CEU's required by the California Consortium of Addiction Programs and Professionals CCAPP Provider Number 8-21-335-0623 & California Association of DUI Treatment Programs CADTP Provider Number 224.
- Certificate of completion offered for all participants.
- CE certificates will be distributed after the training.

To register, please send this **completed** form to QMTraining@saccounty.gov
If we are unable to accommodate your request, you will be notified

*Due to COVID-19 restrictions, all trainings will be held virtually until further notice.
Log in information will be provided upon enrollment.*

Print title of Training: _____

Date of Training you are registering for _____

Print Your Name: _____

Agency & Program: _____

Agency Type: _____

Classification: _____

E-mail: _____

Phone Number: _____ **Fax Number:** _____

ADA and Interpreter Needs: If you wish to attend and need to arrange for an interpreter or a reasonable accommodation, please contact Ann-Mari Rucker one week prior to the event at the phone (916) 875-7227 or vial email to RuckerA@saccounty.net

Questions, Concerns, or Grievances: Quality training is our goal, please direct any questions, concerns or grievances to

QMTraining@saccounty.gov