

“Improving the effectiveness of clinical practice by reducing occupational hazards in providers”

Hosted by Sacramento County BHS, QM; Training provided via Zoom

Facilitators: Heather Amos, LMFT; Amy Banh LMFT;

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Free
CEs

Behavioral Health Professionals YOU are Important!

We are inviting ALL Behavioral Health Professionals—staff providing direct services, clinical staff, and supervisors at county operated and contracted providers.

Learning Objectives

- Identify four negative impacts to clients resulting from clinicians with unmanaged occupational hazards.
- List three common occupational hazards and three signs that these are impacting clinical work.
- Describe two legal/ethical issues in relation to client-care and self-care.
- Identify two resilience boosting strategies to improve clinical management of common occupational hazards.
- Describe mindfulness and at least two ways it can improve the effectiveness of clinical practice.
- Describe the connection between self-care and clinical practice.



Course Schedule:

8:45a-9:00a	Check-in & Welcome,
9:00a-10:30a	Training Begins Course Instruction
10:30a-10:45a	Break
10:45a-12:00p	Course Instruction
12:00p-1:00p	Lunch
1:00p-2:45p	Course Instruction
2:45p-3:00p	Break
3:00p-3:30p	Course Instruction/ Evaluation

See reverse side for: Registration, Continuing Education Credit, and Contact Information

Course Description

This course will examine how to improve the effectiveness of clinical practice by reducing occupational hazards in behavioral health professionals. Providers must be aware of the implications, such as potential risks to clients, ineffective clinical interventions, and a negative therapeutic relationship, resulting from these conditions. Behavioral health professionals must be prepared to recognize the signs and symptoms and take steps to ameliorate conditions that can lead to impaired clinical practice. The impact to clients resulting from occupational hazards experienced by behavioral health professionals can also lead to unethical practices and harm to clients. This course will review the most common occupational hazards in clinical practice. It will reference best practices and ethical guidelines to help prevent harm to clients. The course includes clinical practices, interventions, and self-care management strategies (such as mindfulness) that can be utilized to maintain effective clinical practice. Clinicians will learn about the connection between effective client care and self-care management.



FREE CEs!

No partial credit-- You must attend the entire course to receive a certificate/CE credit.

- Course meets the qualifications for 5.0 hours of Continuing Education Credit for MFTs/LCSWs/LPCC's as required by the California Board of Behavioral Sciences (BBS) CAMFT#129915; and for CADC's (Certified Alcohol Drug Counselors) for Registered and Certified Counselors for CEU's required by the California Consortium of Addiction Programs and Professionals CCAPP Provider Number 8-21-335-0623 & California Association of DUI Treatment Programs CADTP Provider Number 224.
- Certificate of completion offered for all participants.
- CE certificates will be distributed after the training.

To access QM Training Calendar and Registration form go to:

[Behavioral Health Services Training Opportunities \(saccounty.gov\)](http://saccounty.gov/behavioral-health-services-training-opportunities)

To register, please send this **completed** form to QMTraining@saccounty.gov

****If we are unable to accommodate your request, you will be notified****

Log-in information will be provided upon enrollment.

Print title of Training: _____

Date of Training you are registering for _____

Print Your Name: _____

Agency & Program: _____

Agency Type: _____

Classification: _____

E-mail: _____

Phone Number: _____ **Fax Number:** _____

ADA and Interpreter Needs: If you wish to attend and need to arrange for an interpreter or a reasonable accommodation, please contact Ann-Mari Rucker one week prior to the event at the phone (916) 875-7227 or vial email to RuckerA@saccounty.net

Questions, Concerns, or Grievances: Quality training is our goal, please direct any questions, concerns or grievances to QMTraining@saccounty.gov